

**Similarity of Adult Kaiser Permanente Members to the Adult Population
in Kaiser Permanente's Northern California Service Area:
Comparisons based on the 2017/2018 cycle of the California Health Interview Survey**

Report prepared by
Nancy P. Gordon, ScD
Kaiser Permanente Northern California Division of Research, Oakland, CA
November 8, 2020

Background

Kaiser Permanente (KP) is a large, integrated health care delivery system that provides both primary and specialty care, outpatient and inpatient services, and laboratory and pharmacy services to its members. In Q3 2020, Kaiser Permanente's Northern California (KPNC) service area had a socioeconomically and racial/ethnically diverse membership of about 4.3 million, approximately 3.2 million of whom were adults. Most of these members reside in the San Francisco Bay and Greater Bay Area, Sacramento area, Silicon Valley, and Central Valley; KPNC's service area does not extend into the upper part of Northern California.

KPNC researchers are frequently asked to provide evidence about how the KPNC adult membership compares with the community at large in order for research reviewers to assess the generalizability of study results conducted with KPNC members. Analyses of earlier California Health Interview Survey (CHIS) adult datasets have found that the KPNC adult membership is generally representative of the broader community, primarily differing from the general population by having lower percentages of adults at the low and high income extremes.

To provide more current information about how adults covered by KPNC compare with those covered by other insurance and all insured adults in the geographic areas where KPNC provides service, we analyzed weighted survey data from the 2017/2018 cycle of the California Health Interview Survey for adults age 26-84 and age 26-64. We compared the sociodemographic and health and well-being characteristics of KPNC members with the following groups:

- All insured adults who were not KPNC members
- All insured adults
- All adults, including those reporting no health insurance.
- All insured non-KPNC members and all insured adults, excluding from all three groups (KPNC members, non-KPNC, and all insured) those covered through Medi-Cal (California's Medicaid program).

It should be noted that the statistics for the KPNC members in these comparisons are derived from data for adult CHIS respondents who reported being KP health plan members that have been weighted to the California adult population. As such, these statistics should only be used for comparison purposes, not to describe the KPNC adult membership.

How to cite this report:

Gordon NP. Similarity of adult Kaiser Permanente members to the adult population in Kaiser Permanente's Northern California service area: Comparisons based on the 2017/2018 cycle of the California Health Interview Survey. Report prepared for the Kaiser Permanente Division of Research, Oakland, CA, November 8, 2020. Available at https://divisionofresearch.kaiserpermanente.org/projects/memberhealthsurvey/SiteCollectionDocuments/compare_kp_ncal_chis2017-18.pdf

Methods

Study Sample

The California Health Interview Survey is a random-digit-dial telephone interview survey conducted biennially by the UCLA Center for Health Policy [1]. The survey, which is generally conducted June of the survey year through March of the following year, yields estimates for California adults using respondent data weighted to the age, gender, race/ethnic, and geographic distribution of the California population based on counts derived by the California Department of Finance from 2010 Census data. By special arrangement¹, Kaiser Permanente's Northern California (KP NCAL) Division of Research obtained a copy of the complete deidentified 2017/2018 Adult California Health Interview Survey dataset that contained zip code-based assignments of all CHIS respondents to geographic catchment areas of KPNC medical centers. An additional zip code-based variable indicated whether within these geographic catchment areas, the respondent's residence was within a geographic area served by KPNC.

We first restricted the analytic sample to 11,846 respondents aged 26-84 (eliminating respondents in the lowest category of the CHIS age variable) whose residence zip code was within the KPNC service area. Using CHIS variables about health insurance coverage during the previous year (instype, ai22a_p and ah50-p), 3848 of the 10,920 respondents aged 26-84 residing in the KPNC service area were categorized as being a KP member, 7072 were categorized as non-KP insured, and 926 were categorized as uninsured. Another CHIS variable (insmd) indicating coverage through Medi-Cal (California's Medicaid program) was used to restrict the dataset of insured adults to 8876 respondents (3459 KP and 5417 non-KP) for a separate set of comparisons (KP vs. non-KP insured and total insured, excluding adults insured through Medi-Cal). A table providing the numbers of respondents aged 26-84 and 26-64 used for these analyses, overall and by age group and sex, can be found in **Appendix 1**.

Study Variables

A description of the sociodemographic, health and well-being, and healthcare access variables used in this study is found in **Table 1**. All variables are derived from self-reported data. The sociodemographic variables and health variables (overall health, selected chronic health conditions, smoking and obesity) have been included in CHIS surveys for many years. For these analyses, household income and percentage above federal poverty level were converted to categorical variables, and educational attainment, already a categorical variable, was collapsed into four levels. The 2018 CHIS included a set of well-being indicators that KP National Community Health had paid to have included in the survey that year. The Current and 5-Year Life Evaluation items are Cantril Ladder questions used in the Gallup-Sharecare Well-Being Survey and OECD World Survey [2]. Using Gallup's algorithms, respondents were classified as Thriving, Struggling, or Suffering on Current Life Evaluation and classified as Thriving, Struggling, or Suffering Overall in Life based on a combination of the responses for the two items [3]. Financial situation was assessed by a similar single-item Cantril Ladder scale [4]. Social support was assessed using a 5-point scale used in the 2013 Behavioral Risk Factor Surveillance Survey (BRFSS) that asked how often respondents received the social and emotional support they need. [5]. Perception that one's life has Meaning and Purpose was assessed using an item derived from the work of Diener et al. [6]. Documentation (questionnaires, data dictionaries) for the CHIS 2017 and 2018 datasets can be found at <http://healthpolicy.ucla.edu/chis/design/Pages/overview.aspx>.

Statistical Analysis

Analyses were performed using SAS version 9.4 (SAS Institute, Cary, NC) procedures for analysis of data from complex survey samples. Analyses were done for men and women combined and separately by gender using weighting factors appropriate for the combined 2017/2018 survey datasets and for the well-being indicators, the weighting factor for the 2018 survey data. When variables had several categories, we

¹ Nancy Gordon is the KP NCAL Data Guardian for CHIS datasets provided to KPNC. She can be reached at nancy.gordon@kp.org

Table 1. CHIS Variables used in KP vs. non-KP and All Insured analyses

Characteristic	Description
Sociodemographics	
Age	26-34,35-44,45-54,55-64,65-74,75-84
Race	White non-Hispanic, Black, Latinx, Asian/Pacific Islander, Other
Education	≤ High school graduate, <High school graduate, High school graduate, Some college/Associates degree, College graduate
Work status	Works ≥ 21 hours/week, Works ≥1 hour/week
Relationship status	Married/living with partner
Household Income	<\$35,000, <\$25,000, \$25,000 - <\$35,000, \$35,000 - < \$65,000, \$65,000 - < \$80,000, \$80,000 - <100,000, >\$100,000 Median household income
Poverty indicators	<200% of FPL (0-99%of FPL,100-199% of FPL), 200-299% of FPL, 300-399% of FPL, ≥400% of FPL ² Gets food stamps Covered by Medi-Cal (California’s Medicaid program)
Health and Lifestyle Risks	
Overall health	Rates overall health as fair, poor, good, very good, or excellent
Chronic conditions	Has diabetes, has prediabetes, has high blood pressure, has heart disease, has asthma, likely experienced psychological distress in past 12 mo.
Smoking status	Ever smoker, current smoker, former smoker, never smoker
Weight	Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races Obese: : ≥ 27.5 for Asians, ≥ 30.0 for other races
Well-Being Indicators (CHIS 2018 only)	
Evaluation of life now	Cantril Ladder item used in Gallup-Sharecare Well-Being Survey: “Imagine a ladder with steps numbered from zero at the bottom to ten at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. Where do you feel you personally stand now?” Categorized per Gallup algorithm as Suffering (0-4), Struggling (5-6), Thriving (7-10); Parallel item (used to create Overall Life Evaluation score) asks where person thinks they will stand in about 5 years.
Overall Life Evaluation	Cantril Ladder item used in Gallup-Sharecare Well-Being Survey that combines ratings of current life and anticipated life in 5 years. Categorized per Gallup algorithm: Suffering (0-4 both current and anticipated); Thriving (7-10 current and 8-10 anticipated); Struggling (everyone else with values for both items)
Evaluation of financial situation	Cantril Ladder item “Now imagine the top of the ladder represents the best possible <i>financial situation</i> for you, and the bottom of the ladder represents the worst possible <i>financial situation</i> for you. Where on the ladder do you stand now?” Financial situation categorized as Poor (0-4), Moderate (5-6), or Good (7-10)
Social support	“How often do you get the social and emotional support you need?” Categorized as Low (rarely, never), Fair (Sometimes), High (usually, always)
Sense of life meaning/purpose	“How strongly do you agree with this statement? “I lead a purposeful and meaningful life.” Categorized as Low (strongly disagree, disagree, neither agree or disagree), Good (agree), High (strongly agree)
Health Care Use/Access	
Insurance	Medi-Cal, Medicare
ER use in past 12 mos.	≥ 1 ER visit in past 12 mo.
Doctor visits in past 12 mos.	Number of times saw a doctor in past 12 mos.: ≤1; 0, 1, 2- 3, ≥ 4
Health access	In past 12 months, due to cost/no insurance, delayed or did not get: Medical care; Prescription medication
Dental care	Has dental insurance; got any dental care in past 12 mo.; got routine (preventive) dental care in past 12 mo.

² <400% of FPL is upper threshold to qualify for a government subsidy to obtain health insurance through California’s health insurance exchange.

examined between-group differences for the extremes, e.g., income that was either very low for Northern California (<\$35,000) or high (>\$100,000), educational attainment that was high (college graduate) or low (high school graduate or less). The Proc Surveymeans procedure was used to generate weighted proportions (%) with 95% confidence intervals (95% CI). We examined overlap of 95% CIs to assess where the KP and non-KP groups were significantly different (at $p < .05$) on the different characteristics, using Proc Surveyfreq chi-square tests to assess significance when 95% CIs slightly overlapped but point estimates looked far enough apart that they could be statistically significant at the $p < .05$ level. Assessment of whether differences between the KP and the Total NCAL Insured and the Total NCAL groups was done by examining overlap of 95% CIs. Because the age distributions in all 3 groups were comparable after weighting, we did not age-standardize estimates or control for age in assessing whether the groups were significantly different on the characteristics studied.

Results

Based on the CHIS2017/2018 survey, an estimated 36.4% (34.8-38.0%) of insured adults aged 26-84 in the KP's Northern California service area were KP members, with similar percentages by age group and sex (**Table 2**). KP members comprised a slightly lower percentage of total adults (including the uninsured) in the total NCAL service area population (column 4) and higher percentage of the adult insured NCAL population (column 3) that was restricted to those not covered through Medi-Cal.

Table 2. Estimated percentages of insured adults and insured adults not covered through Medi-Cal who are Kaiser Permanente members in Kaiser Permanente's Northern California service area

	% of Total Insured NCAL Adults (Including Medi-Cal)	% of Total Insured NCAL Adults (Excluding those covered through Medi-Cal)	% of Total NCAL Adults (Including uninsured)
All			
26-84 yr	36.4% (34.8%-38.0%)	41.2% (39.4%-43.1%)	34.1% (32.6%-35.6%)
26-44 yr	34.3% (31.4%-37.2%)	40.7% (37.3%-44.1%)	31.4% (28.7%-34.1%)
45-64 yr	38.2% (35.7%-40.6%)	42.9% (40.2%-45.7%)	35.6% (33.2%-37.9%)
65-84 yr	36.9% (34.2%-39.7%)	39.1% (36.2%-42.0%)	36.6% (33.9%-39.3%)
Men			
26-44 yr	34.5% (30.4%-38.5%)	39.5% (34.9%-44.1%)	30.7% (27.0%-34.4%)
45-64 yr	38.8% (35.3%-42.3%)	43.6% (39.7%-47.5%)	36.1% (32.7%-39.4%)
65-84 yr	37.1% (32.9%-41.3%)	37.3% (33.1%-41.6%)	36.8% (32.6%-40.9%)
Women			
26-44 yr	34.2% (30.1%-38.3%)	42.0% (37.0%-47.1%)	32.0% (28.1%-36.0%)
45-64 yr	37.6% (34.1%-41.1%)	42.3% (38.4%-46.2%)	35.1% (31.8%-38.4%)
65-84 yr	36.8% (33.2%-40.4%)	40.5% (36.6%-44.4%)	36.4% (32.8%-40.0%)

Summary

Table 3 provides a graphical representation of how KPNC members compare with non-KP insured NCAL adults, total insured NCAL adults, and total NCAL adults (including uninsured) on key socio-economic and health-related characteristics. Comparisons are summarized for ages 26-84 and ages 26-64. Detailed tables that provide the actual statistics for these groups follow the summary.

Compared to Total adults (including the uninsured) aged 26-84 in the KPNC service area, KP members were:

- *Less likely* to be Latinx (significant overall but not within sex)
- *Less likely* to have lower educational attainment (high school diploma or less) and *more likely* to be college graduates (significant differences overall and among women, but not men)
- *More likely* to be employed ≥ 21 hours/week

- *Less likely* to have a household income <\$35,000 and *more likely* to have a household income >\$100,000 (significant for men only)
- *Less likely* to be at <200% of FPL, *less likely* to get food stamps and less likely to be insured through Medi-Cal
- *Less likely* to have fair/poor health and *more likely* to have very good/excellent health
- *Less likely* to have seen a doctor ≥ 4 times in prior year (However, the survey question did not ask about use of telephonic or other types of non-clinic based visits which might have been used more by KP member; *similar* with regard to seeking care from an emergency room at least once during the past year)

Compared to Total Insured adults aged 26-84 in the KPNC service area, KP members were:

- *Similar* with regards to race/ethnicity, educational attainment
- *More likely* to be working ≥ 21 hours/week (significant overall and for both sexes)
- *Less likely* to be covered by Medi-Cal, to get food stamps, to be in a lower income (<\$35,000) household, and to consider their financial situation to be poor (significant overall and among women but not men).
- *Similar* with regards to health and well-being indicators
- *Less likely* to have seen a doctor ≥ 4 times in the past year

Compared to non-KP insured adults in the KPNC service area, KP members were:

- *Similar* with regards to percentage of members who were non-Hispanic White, although percentage that was Black was slightly higher (significant overall and among men but not women) and percentage Latinx was slightly lower (significant overall and among women but not men)
- *Less likely* to have low educational attainment (\leq high school graduate/GED) and *more likely* to be college graduates (significant overall and among women but not men)
- *Less likely* than to have a household income of <\$35,000, a household income <200% of FPL, coverage through Medi-Cal, to be receiving food stamps, and to rate their financial situation as “poor”; *more likely* to have a household income >\$100,000 (significant overall and among men, but not women)
- *More likely* to be employed ≥ 21 hours/week
- *Similar* with regard to prevalence of chronic conditions assessed by the survey (diabetes, hypertension, heart disease, current asthma) and well-being indicators; *less likely* to consider their health as fair/poor and *more likely* to consider their health as very good/excellent
- *Less likely* to be current smokers (significant overall and among men but not women)
- *Less likely* to have seen a doctor ≥ 4 times in the past year, but *more likely* to have seen a doctor at least once in the past year (significant overall and among women but not men).

Among adults aged 26-84 in the KPNC service area who were insured but not through Medi-Cal, compared to non-KP covered adults, KP members were:

- *Lower* in percentages of non-Whites and higher in percentage of Blacks (significant overall and among women but not men)
- *Less likely* (significant overall and among women, but not men) to have a household income of >\$100,000, but *similar* on measures of low income and poverty
- *Similar* on health and well-being indicators, but *less likely* to have seen a doctor ≥ 4 times in the past year

KP members did not differ from the group of Total Insured (but not through Medi-Cal) adults aged 26-84 in the KPNC service area, with the exception of women KP members being *less likely* to have a household income of <\$100,000 and being *less likely* to have seen a doctor ≥ 4 times in the past year (significant overall and men, but not women).

Comparisons of these populations restricted to ages 26-64 were similar to those for ages 26-84, with the exception that current smoking only significantly differed among men in the KP group vs. Total NCAL group.

Description and list of data tables:

Sets of 3 data tables were produced for each of the 12 populations listed below. For each population:

- Table “a” provides statistics on sociodemographic characteristics
- Table “b” provides statistics on health and well-being characteristics; and
- Table “c” provides statistics on health and dental health care use and access characteristics.

- **All adults ages 26-84 in the Kaiser Permanente Northern California service area:**
 - **Tables 4a-c:** All adults covered by Kaiser Permanente, covered by another health plan/insurer, total insured adults, and total adults including uninsured
 - **Tables 5a-c:** All men covered by Kaiser Permanente, covered by another health plan/insurer, total insured men, and total men including uninsured
 - **Tables 6a-c:** All women covered by Kaiser Permanente, covered by another health plan/insurer, total insured women, and total women including uninsured

- **All insured adults ages 26-84 in the Kaiser Permanente Northern California service area, excluding those covered through Medi-Cal:**
 - **Tables 7a-c:** All insured adults (but not insured through Medi-Cal) who are covered by Kaiser Permanente, all non-Medi-Cal covered by another health plan/insurer, and total insured who are not covered through Medi-Cal
 - **Tables 8a-c:** Insured men (but not insured through Medi-Cal) who are covered by Kaiser Permanente, by another health plan/insurer, and total insured men not covered through Medi-Cal
 - **Tables 9a-c:** Insured women (but not insured through Medi-Cal) covered by Kaiser Permanente, by another health plan/insurer, and total insured women not covered through Medi-Cal

- **All adults ages 26-64 in the Kaiser Permanente Northern California service area:**
 - **Tables 10a-c:** All adults covered by Kaiser Permanente, covered by another health plan/insurer, total insured adults, and total adults including uninsured
 - **Tables 11a-c:** All men covered by Kaiser Permanente, covered by another health plan/insurer, total insured men, and total men including uninsured
 - **Tables 12a-c:** All women covered by Kaiser Permanente, covered by another health plan/insurer, total insured women, and total women including uninsured

- **All insured adults ages 26-84 in the Kaiser Permanente Northern California service area, excluding those covered through Medi-Cal:**
 - **Tables 13a-c:** All insured adults (but not insured through Medi-Cal) who are covered by Kaiser Permanente, by another health plan/insurer, and total insured who are not covered through Medi-Cal
 - **Tables 14a-c:** Insured men (but not insured through Medi-Cal) who are covered by Kaiser Permanente, by another health plan/insurer, and total insured who are not covered through Medi-Cal
 - **Tables 15a-c:** Insured women (but not insured through Medi-Cal) covered by Kaiser Permanente, by another health plan/insurer, and total insured who are not covered through Medi-Cal

References

1. California Health Interview Survey. CHIS 2017-2018 Methodology Series. Los Angeles, CA: UCLA Center for Health Policy Research, 2019. Available at: <http://healthpolicy.ucla.edu/chis/design/Pages/overview.aspx>
2. Cantril H. The Pattern of Human Concerns. New Brunswick, NJ: Rutgers University Press: 1965.
3. Gallup. Understanding how Gallup uses the Cantril Scale [Internet]. Washington DC: Gallup; n.d. [cited 2018 April 4]. Available from: <http://news.gallup.com/poll/122453/understanding-gallup-uses-cantril-scale.aspx>
4. Porter NM, Garman ET. Money as part of a measure of financial well-being. Am Behav Sci 1992;35(6):820-826. <https://doi.org/10.1177/0002764292035006016>

5. Centers for Disease Control and Prevention. Module 22: Emotional support and life satisfaction. In Behavioral Risk Factor Surveillance System [Internet]. Atlanta, GA: CDC; 2012 Dec 28 [cited 2018 April 4}. Available from: https://www.cdc.gov/brfss/questionnaires/pdf-ques/2013%20BRFSS_English.pdf.
6. Diener E, et al. New well-being measures: Short scales to assess flourishing and positive and negative feelings. Soc Indic Res 2010 Jun;97(2):143-156.

Table 3. Summary of how Kaiser Permanente (KP) members compare with insured adults not covered by KP and total insured adults in the same age group, overall and by sex, restricted to adults residing in KP's Northern California service area, based on the 2017/2018 California Health Interview Survey

	Race			Educational Attainment		Household Income		Work Status	Poverty Indicators			Overall health		Tobacco Use	Financial situation	Doctor visits	Dental Care	
	White	Black	Latinx	≤High school graduate	College graduate	<\$35,000	>\$100,000	≥21 hrs/wk	<200% FPL	≥400% FPL	Gets food stamps	Fair/poor	Excl/very good	Current Smoker	Poor	≥4 in past 12 mo.	Has insurance	Got dental care in past 12 mo.
Age 26-84 yr All Insured																		
All		↑ - -	↓ - ↓	↓ - ↓	↑ - ↓	↓ ↓ ↓	↑ - -	↑ ↑ ↑	↓ ↓ ↓	↑ ↑ -	↓ ↓ ↓	↓ ↓ ↓	↑ - ↑	↓ - -	↓ ↓ ↓	↓ ↓ ↓	↑ ↑ ↑	↑ ↑ ↑
Men		↑ - -				↓ ↓ ↓	↑ - ↑	↑ ↑ ↑	↓ ↓ ↓	↑ ↑ ↑	↓ ↓ ↓	↓ - -	↑ - -	↓ - -	↓ - -	↓ ↓ ↓	↑ ↑ ↑	↑ ↑ ↑
Women			↓ - -	↓ - ↓	↑ - ↑	↓ ↓ ↓		↑ - ↑	↓ ↓ ↓	↑ ↑ -	↓ ↓ ↓	↓ - -	↑ - -		↓ ↓ ↓	↓ ↓ -		↑ - ↑
Age 26-84 yr Insured non-Medi-Cal																		
All	↓ - -	↑ - -			↓ - -		↓ - -			↓ - -						↓ ↓ -	↑ - -	↑ - -
Men		↑ - -			↓ - -											↓ ↓ -	↑ - -	↑ - -
Women	↓ - -	↑ - -					↓ ↓ -			↓ - -					↓ - -	↓ - -		
Age 26-64 yr All Insured																		
All		↑ - -	↓ - ↓	↓ - ↓	↑ - ↑	↓ ↓ ↓	↑ - -	↑ ↑ ↑	↓ ↓ ↓	↑ - ↑	↓ ↓ ↓	↓ ↓ ↓	↑ - ↑		↓ - ↓	↓ ↓ ↓	↑ - ↑	↑ ↑ ↑
Men			↓ - -			↓ ↓ ↓	↑ - ↑	↑ ↑ ↑	↓ ↓ ↓	↑ - -	↓ ↓ ↓			- - ↓		↓ ↓ ↓	↑ ↑ ↑	↑ ↑ ↑
Women			↓ - -	↓ - ↓	↑ - ↑	↓ ↓ ↓		↑ ↑ ↑	↓ ↓ ↓		↓ ↓ ↓	↓ - -	↑ - -		↓ - -	↓ - -		
Age 26-64 yr Insured non-Medi-Cal																		
All	↓ - -	↑ - -			↓ - -		↓ - -			↓ - -						↓ ↓ -		↑ - -
Men		↑ - -			↓ - -											↓ ↓ -		↑ - -
Women	↓ - -	↑ - -					↓ ↓ -			↓ - -					↓ - -	↓ - -		

Comparisons are based on weighted 2017/2018 California Health Interview Survey data. The age distributions of all the groups were very similar so no age-standardization was used. Medi-Cal is California's Medicaid program. Total NCAL adults (red symbols) includes the uninsured
 ↑: Significantly (p<.05) higher % than insured non-KP adults; ↓: Significantly (p<.05) lower % than insured non-KP adults; - or blank: % not significantly different
 ↑: Significantly (p<.05) higher % than Total insured NCAL adults; ↓ Significantly (p<.05) lower % than Total insured NCAL adults; - or blank: % not significantly different
 ↑: Significantly (p<.05) higher % than Total NCAL adults; ↓: Significantly (p<.05) lower % than Total NCAL adults; - or blank: % not significantly different

Table 4a. Sociodemographic characteristics of ALL insured adults aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured adults, and total adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Age								
26-34	18.4%	16.0% - 20.8%	18.7%	16.9% - 20.5%	18.6%	17.1% - 20.0%	19.2%	17.8% - 20.6%
35-44	18.8%		22.0%		20.9%		21.2%	
45-54	19.5%		18.5%		18.9%		19.0%	
55-64	21.0%		19.0%		19.7%		19.8%	
65-74	13.9%		13.5%		13.7%		13.0%	
75-84	8.4%	7.2% - 9.7%	8.3%	7.2% - 9.3%	8.3%	7.5% - 9.1%	7.8%	7.1% - 8.5%
Race								
White non-Hispanic	50.0%	47.3% - 52.8%	49.4%	47.4% - 51.5%	49.6%	48.0% - 51.3%	48.4%	46.8% - 50.0%
Black	8.8% ^a	7.1% - 10.4%	6.1%	5.1% - 7.1%	7.1%	6.2% - 8.0%	7.0%	6.2% - 7.9%
Latinx	18.0% ^{ac}	15.7% - 20.3%	22.8%	20.9% - 24.8%	21.1%	19.6% - 22.6%	22.9%	21.4% - 24.4%
Asian/Pacific Islander	22.2%	19.5% - 24.9%	20.6%	18.7% - 22.5%	21.2%	19.6% - 22.7%	20.7%	19.2% - 22.2%
Other	1.1%	0.4% - 1.7%	1.0%	0.6% - 1.3%	1.0%	0.7% - 1.3%	1.0%	0.7% - 1.3%
Education								
≤ High school graduate	25.2% ^{ac}	22.6% - 27.9%	31.0%	28.9% - 33.1%	28.9%	27.3% - 30.6%	30.7%	29.1% - 32.3%
<High school graduate	7.0% ^{abc}	5.2% - 8.8%	14.2%	12.3% - 16.0%	11.6%	10.2% - 12.9%	13.0%	11.6% - 14.4%
High school graduate	18.2%		16.9%	15.3% - 18.5%	17.4%		17.7%	16.4% - 19.0%
Some college/Assoc. degree	20.4%		19.6%	18.0% - 21.1%	19.9%		19.8%	18.6% - 21.0%
College graduate	54.4% ^{ac}	51.7% - 57.2%	49.4%	47.3% - 51.5%	51.2%	49.6% - 52.9%	49.5%	47.9% - 51.1%
Work status								
Works ≥ 21 hours/week	63.7% ^{abc}	61.1% - 66.2%	54.9%	52.8% - 56.9%	58.1%	56.5% - 59.7%	58.6%	57.1% - 60.2%
Works ≥1 hour/week	69.6% ^{ab}	67.3% - 72.0%	62.5%	60.5% - 64.4%	65.1%	63.6% - 66.6%	65.9%	64.4% - 67.4%
Relationship status								
Married/living with partner	71.4%	68.9% - 73.9%	66.6%	64.7% - 68.5%	68.4%	66.8% - 69.9%	67.4%	65.9% - 68.9%
Household Income								
<\$35,000	14.0% ^{abc}	12.1% - 15.8%	25.7%	23.9% - 27.6%	21.4%	20.1% - 22.8%	22.4%	21.0% - 23.8%
<\$25,000	9.2% ^{abc}	7.6% - 10.8%	18.4%	16.7% - 20.0%	15.0%	13.8% - 16.2%	15.5%	14.3% - 16.7%
\$25,000 - <\$35,000	4.8%		7.4%		6.4%		6.9%	
\$35,000 - < \$65,000	19.0%		17.2%		17.8%		18.4%	
\$65,000 - < \$80,000	8.5%		6.5%		7.2%		7.3%	
\$80,000 - <100,000	10.2%		6.9%		8.1%		8.0%	
>\$100,000	48.3%	45.6% - 51.1%	43.8%	41.7% - 45.9%	45.4%	43.8% - 47.1%	44.0%	42.4% - 45.6%
Median household income	\$89,913 ^{ac}	\$84,857 - \$94,969	\$79,877	\$75,796 - \$83,958	\$84,305	\$79,660 - \$88,950	\$79,943	\$77,416 - \$82,470

(continued)

Table 4a. Sociodemographic characteristics of ALL insured adults aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured adults, and total adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Poverty indicators								
<200% of FPL	15.3% ^{abc}	13.3% - 17.4%	28.2%	26.3% - 30.1%	23.5%	22.1% - 25.0%	25.0%	23.5% - 26.4%
0-99% of FPL	6.2%		13.8%		11.1%		11.5%	
100-199% of FPL	9.1%		14.3%		12.5%		13.5%	
200-299% of FPL	13.4%		10.6%		11.6%		11.8%	
300-399% of FPL	11.3%		8.9%		9.8%		9.7%	
≥400% of FPL ¹	60.0% ^{abc}	57.2% - 62.8%	52.3%	50.2% - 54.3%	55.1%	53.4% - 56.7%	53.5%	51.8% - 55.1%
Gets SNAP/food stamps	1.4% ^{abc}	0.9% - 2.0%	9.1%	7.8% - 10.5%	6.3%	5.4% - 7.2%	6.2%	5.4% - 7.1%
Covered by Medi-Cal	11.5% ^{abc}	9.6% - 13.3%	27.8%	25.9% - 29.8%	21.9%	20.4% - 23.3%	20.5%	19.1% - 21.9%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 4b. Health and well-being characteristics of ALL insured adults aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Health Status								
Overall health								
Fair/Poor	15.2% ^{abc}	13.1% - 17.3%	20.6%	18.9% - 22.3%	18.6%	17.3% - 20.0%	19.1%	17.7% - 20.4%
Good	30.5%		31.7%		31.2%		31.2%	
Very good/excellent	54.3% ^{ac}	51.5% - 57.1%	47.7%	45.6% - 49.8%	50.1%	48.5% - 51.8%	49.7%	48.1% - 51.3%
Has diabetes	10.1%	8.5% - 11.8%	10.7%	9.4% - 11.9%	10.5%	9.5% - 11.5%	10.5%	9.5% - 11.4%
Has prediabetes	19.6% ^a	17.4% - 21.8%	15.8%	14.4% - 17.3%	17.2%	16.0% - 18.4%	16.9%	15.8% - 18.1%
Has high blood pressure	29.8%	27.4% - 32.2%	33.1%	31.2% - 35.1%	31.9%	30.4% - 33.4%	31.0%	29.5% - 32.4%
Has heart disease	5.9%	4.8% - 7.1%	7.7%	6.8% - 8.7%	7.1%	6.3% - 7.8%	6.9%	6.2% - 7.7%
Has asthma	11.6%	9.8% - 13.4%	10.5%	9.3% - 11.8%	10.9%	9.9% - 11.9%	10.6%	9.6% - 11.6%
Experienced psychological distress in past 12 mo.	7.4%	5.8% - 9.0%	8.5%	7.3% - 9.7%	8.1%	7.2% - 9.0%	8.3%	7.4% - 9.2%
Smoking status								
Ever smoker	34.2%	31.6% - 36.7%	34.8%	32.9% - 36.8%	34.6%	33.0% - 36.2%	35.0%	33.5% - 36.5%
Current smoker	8.3% ^a	6.7% - 9.8%	11.3%	9.9% - 12.7%	10.2%	9.2% - 11.3%	10.7%	9.7% - 11.7%
Former smoker	25.9%	23.6% - 28.2%	23.5%	21.8% - 25.2%	24.4%	23.0% - 25.7%	24.3%	23.0% - 25.6%
Never smoker	65.8%	63.3% - 68.4%	65.2%	63.2% - 67.1%	65.4%	63.8% - 67.0%	65.0%	63.5% - 66.5%
Weight								
Overweight/Obese ¹	66.0%	63.4% - 68.6%	64.9%	63.0% - 66.9%	65.3%	63.7% - 66.9%	65.3%	63.7% - 66.8%
Obese ¹	30.8%	28.1% - 33.5%	28.5%	26.6% - 30.5%	29.4%	27.8% - 30.9%	29.4%	27.8% - 30.9%
Well-being indicators²								
Evaluation of life now								
Suffering	4.9% ^a	3.0% - 6.8%	9.2%	7.3% - 11.1%	7.6%	6.2% - 9.0%	8.0%	6.6% - 9.5%
Struggling	21.8%		19.6%		20.4%		20.6%	
Thriving	73.4%	69.5% - 77.3%	71.2%	68.3% - 74.0%	72.0%	69.7% - 74.3%	71.4%	69.1% - 73.6%
Overall life evaluation								
Suffering	1.3%	0.2% - 2.3%	3.0%	1.9% - 4.1%	2.4%	1.6% - 3.2%	2.3%	1.6% - 3.1%
Struggling	36.2%		37.7%		37.1%		37.5%	
Thriving	62.5%	58.6% - 66.5%	59.3%	56.3% - 62.3%	60.5%	58.1% - 62.9%	60.2%	57.8% - 62.5%
Evaluation of financial situation								
Poor	10.5% ^{abc}	7.9% - 13.0%	18.1%	15.7% - 20.6%	15.4%	13.6% - 17.2%	16.3%	14.5% - 18.1%
Moderate	30.1%		27.2%		28.2%		28.7%	
Good	59.5%	55.5% - 63.5%	54.7%	51.6% - 57.8%	56.4%	54.0% - 58.9%	55.0%	52.6% - 57.4%

(continued)

Table 4b. Health and well-being characteristics of ALL insured adults aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Social support								
Low	8.3%	5.6% - 10.9%	9.9%	8.0% - 11.8%	9.3%	7.8% - 10.9%	10.0%	8.4% - 11.5%
Fair	14.1%		17.6%		16.3%		16.8%	
High	77.7%	74.2% - 81.1%	72.5%	69.7% - 75.2%	74.4%	72.2% - 76.5%	73.3%	71.2% - 75.4%
Sense of life purpose								
Low	9.9%	7.6% - 12.2%	12.2%	10.2% - 14.1%	11.3%	9.9% - 12.8%	11.4%	10.0% - 12.9%
Good	48.2%		50.5%		49.6%		50.2%	
Very Good	41.9%	38.0% - 45.8%	37.4%	34.4% - 40.4%	39.0%	36.6% - 41.4%	38.4%	36.1% - 40.7%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 4c. Health care coverage, utilization, and access issues, ALL insured adults aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured adults, and total adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Insurance coverage								
Medi-Cal	11.5% ^{abc}	9.6% - 13.3%	27.8%	25.9% - 29.8%	21.9%	20.4% - 23.3%	20.5%	19.1% - 21.9%
Medicare	23.2%	21.2% - 25.2%	23.6%	22.0% - 25.1%	23.5%	22.2% - 24.7%	22.0%	20.8% - 23.1%
Health care use and access								
≥ 1 ER visit in past 12 mo.	20.6%	18.4% - 22.9%	20.7%	19.0% - 22.4%	20.7%	19.3% - 22.0%	20.4%	19.1% - 21.7%
<u>Number times saw a doctor in past 12 mo.:</u>								
≤ 1	36.4% ^a	33.7% - 39.1%	30.4%	28.4% - 32.4%	32.6%	31.0% - 34.2%	34.6%	33.0% - 36.2%
0	14.9%	12.8% - 17.1%	13.6%	12.0% - 15.2%	14.1%	12.8% - 15.3%	15.9%	14.6% - 17.2%
1	21.5%		16.8%		18.5%		18.7%	
2-3	33.7%		30.8%		31.9%		31.2%	
≥ 4	29.9% ^{abc}	27.5% - 32.3%	38.8%	36.8% - 40.8%	35.5%	34.0% - 37.1%	34.2%	32.7% - 35.7%
In past 12 mo., due to cost, delayed or did not get:								
Medical care	4.1%	2.9% - 5.4%	5.1%	4.2% - 5.9%	4.7%	4.0% - 5.4%	4.2%	3.5% - 4.9%
Rx medication	2.6% ^{ac}	1.6% - 3.6%	4.4%	3.6% - 5.3%	3.8%	3.1% - 4.4%	5.3%	4.6% - 6.0%
Dental care								
Has dental insurance	77.6% ^{abc}	75.4% - 79.8%	71.6%	69.7% - 73.5%	73.8%	72.3% - 75.2%	70.7%	69.2% - 72.2%
Got any dental care in past 12 mo.	82.5% ^{abc}	80.5% - 84.6%	75.2%	73.4% - 77.1%	77.9%	76.5% - 79.3%	76.0%	74.6% - 77.4%
Got routine (preventive) dental care in past 12 mo.	69.5% ^{abc}	66.9% - 72.1%	60.3%	58.2% - 62.4%	63.7%	62.0% - 65.3%	62.1%	60.5% - 63.7%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 5a. Sociodemographic characteristics of insured MEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Age								
26-34	18.8%	15.4% - 22.3%	20.8%	18.1% - 23.5%	20.1%	18.0% - 22.2%	21.2%	19.1% - 23.3%
35-44	19.9%		21.8%		21.1%		21.5%	
45-54	22.0%		18.7%		19.9%		19.8%	
55-64	19.1%		18.9%		19.0%		18.9%	
65-74	12.9%		12.6%		12.7%		12.0%	
75-84	7.3%	5.5% - 9.0%	7.2%	5.7% - 8.6%	7.2%	6.1% - 8.3%	6.7%	5.6% - 7.7%
Race								
White non-Hispanic	51.1%	47.2% - 55.1%	51.3%	48.2% - 54.3%	51.2%	48.8% - 53.6%	49.5%	47.2% - 51.8%
Black	8.7% ^a	6.3% - 11.1%	5.8%	4.3% - 7.2%	6.8%	5.6% - 8.1%	6.8%	5.6% - 8.0%
Latinx	18.4%	15.1% - 21.7%	22.8%	19.9% - 25.7%	21.2%	18.9% - 23.4%	23.6%	21.4% - 25.8%
Asian/Pacific Islander	20.1%	16.5% - 23.7%	19.5%	16.9% - 22.1%	19.7%	17.6% - 21.8%	19.2%	17.2% - 21.2%
Other	1.7%	0.4% - 2.9%	0.7%	0.4% - 1.1%	1.1%	0.6% - 1.6%	1.0%	0.6% - 1.5%
Education								
≤ High school graduate	26.7%	22.9% - 30.5%	29.8%	26.8% - 32.8%	28.7%	26.3% - 31.0%	31.3%	28.9% - 33.6%
<High school graduate	7.2% ^c	4.6% - 9.9%	13.0%	10.4% - 15.6%	10.9%	9.0% - 12.8%	12.9%	10.9% - 14.8%
High school graduate	19.5%		16.8%		17.8%		18.4%	
Some college/Assoc. degree	19.5%		18.4%		18.8%		18.5%	
College graduate	53.8%	49.8% - 57.7%	51.8%	48.8% - 54.8%	52.5%	50.1% - 54.9%	50.3%	48.0% - 52.6%
Work status								
Works ≥ 21 hours/week	74.2% ^{abc}	71.2% - 77.2%	65.4%	62.7% - 68.2%	68.6%	66.6% - 70.7%	54.9%	52.8% - 56.9%
Works ≥ 1 hour/week	77.4% ^{abc}	74.6% - 80.3%	70.7%	68.1% - 73.2%	73.1%	71.2% - 75.1%	62.5%	60.5% - 64.4%
Relationship status								
Married/living with partner	73.7%	70.1% - 77.2%	68.1%	65.3% - 70.9%	70.1%	67.9% - 72.3%	68.5%	66.4% - 70.7%
Household Income								
<\$35,000	11.3% ^{abc}	8.9% - 13.6%	23.1%	20.5% - 25.7%	18.7%	16.9% - 20.6%	20.3%	18.4% - 22.2%
<\$25,000	7.5% ^{abc}	5.6% - 9.5%	15.3%	13.2% - 17.5%	12.5%	10.9% - 14.0%	13.4%	11.8% - 14.9%
\$25,000 - <\$35,000	3.7%		7.8%		6.3%		6.9%	
\$35,000 - < \$65,000	16.1%		16.2%		16.2%		16.9%	
\$65,000 - < \$80,000	9.0%		6.5%		7.5%		7.5%	
\$80,000 - <100,000	9.2%		7.5%		8.1%		8.1%	
>\$100,000	54.4% ^{ac}	50.4% - 58.3%	46.7%	43.7% - 49.7%	49.5%	47.1% - 51.9%	47.2%	44.9% - 49.6%
Median household income	\$99,726	\$94,519 - \$104,932	\$89,096	\$81,133 - \$97,059	\$95,110	\$89,831 - \$100,389	\$89,419	\$83,539 - \$95,298

(continued)

Table 5a. Sociodemographic characteristics of insured MEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Poverty indicators								
<200% of FPL ¹	12.2% ^{abc}	9.6% - 14.7%	24.6%	21.9% - 27.3%	20.0%	18.1% - 22.0%	22.0%	20.0% - 24.0%
0-99% of FPL	4.9%		10.9%		8.7%		9.3%	
100-199% of FPL	7.3%		13.7%		11.3%		12.7%	
200-299% of FPL	10.8%		10.2%		10.4%		10.9%	
300-399% of FPL	10.9%		9.6%		10.1%		10.1%	
≥400% of FPL ¹	66.2% ^{abc}	62.4% - 70.0%	55.6%	52.5% - 58.6%	59.5%	57.1% - 61.9%	57.1%	54.8% - 59.4%
Gets SNAP/food stamps	0.8% ^{abc}	0.2% - 1.3%	6.5%	4.9% - 8.1%	4.4%	3.4% - 5.5%	4.5%	3.5% - 5.6%
Covered by Medi-Cal	10.8% ^{abc}	8.2% - 13.3%	24.7%	21.9% - 27.4%	19.6%	17.6% - 21.5%	18.1%	16.2% - 19.9%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 5b. Health and well-being characteristics of insured MEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Health status								
Overall health								
Fair/Poor	15.5% ^a	12.4% - 18.5%	20.2%	17.7% - 22.7%	18.5%	16.5% - 20.4%	19.3%	17.3% - 21.2%
Good	31.2%		32.8%		32.2%		32.3%	
Very good/excellent	53.3% ^a	49.4% - 57.3%	47.0%	43.9% - 50.0%	49.3%	46.9% - 51.7%	48.4%	46.1% - 50.7%
Has diabetes	10.9%	8.5% - 13.4%	10.7%	9.1% - 12.4%	10.8%	9.4% - 12.2%	11.0%	9.6% - 12.4%
Has prediabetes	21.5%	18.2% - 24.9%	17.5%	15.3% - 19.7%	19.0%	17.1% - 20.8%	18.6%	16.8% - 20.4%
Has high blood pressure	31.3%	27.8% - 34.9%	34.1%	31.3% - 36.9%	33.1%	30.9% - 35.3%	31.8%	29.7% - 33.9%
Has heart disease	6.5%	4.8% - 8.1%	9.4%	7.8% - 11.0%	8.3%	7.1% - 9.5%	7.9%	6.7% - 9.0%
Has asthma	9.6%	7.1% - 12.1%	7.9%	6.3% - 9.5%	8.5%	7.1% - 9.9%	8.0%	6.7% - 9.3%
Experienced psychological distress in past 12 mo.	4.8%	3.2% - 6.3%	7.5%	5.9% - 9.1%	6.5%	5.3% - 7.7%	6.8%	5.6% - 8.0%
Smoking status								
Ever smoker	38.2%	34.3% - 42.0%	42.9%	39.8% - 45.9%	41.1%	38.8% - 43.5%	42.1%	39.8% - 44.4%
Current smoker	10.9% ^a	8.1% - 13.6%	15.0%	12.7% - 17.3%	13.5%	11.7% - 15.3%	14.4%	12.6% - 16.1%
Former smoker	27.3%	23.9% - 30.7%	27.8%	25.2% - 30.5%	27.6%	25.5% - 29.8%	27.7%	25.6% - 29.8%
Never smoker	61.8%	58.0% - 65.7%	57.1%	54.1% - 60.2%	58.9%	56.5% - 61.2%	57.9%	55.6% - 60.2%
Weight								
Overweight/Obese	73.5%	70.0% - 77.0%	72.9%	70.2% - 75.6%	73.1%	71.0% - 75.2%	73.0%	70.9% - 75.0%
Obese	32.9%	28.9% - 36.9%	29.7%	26.9% - 32.6%	30.9%	28.6% - 33.2%	31.1%	28.9% - 33.4%
Well-being indicators								
Evaluation of life now								
Suffering	4.5% ^a	2.0% - 7.0%	10.8%	7.7% - 13.9%	8.5%	6.3% - 10.7%	8.8%	6.6% - 10.9%
Struggling	23.5%		18.5%		20.3%		20.6%	
Thriving	72.0%	66.2% - 77.7%	70.8%	66.7% - 74.8%	71.2%	67.9% - 74.5%	70.6%	67.4% - 73.8%
Overall life evaluation								
Suffering	1.8%	0.0% - 3.8%	3.6%	1.6% - 5.6%	2.9%	1.4% - 4.4%	2.8%	1.4% - 4.2%
Struggling	37.4%		37.5%		37.5%		37.9%	
Thriving	60.8%	55.0% - 66.6%	59.0%	54.7% - 63.3%	59.6%	56.2% - 63.1%	59.3%	55.9% - 62.6%
Evaluation of financial situation								
Poor	11.5% ^a	7.4% - 15.7%	18.3%	14.9% - 21.7%	15.8%	13.2% - 18.5%	16.8%	14.1% - 19.4%
Moderate	30.3%		24.2%		26.4%		27.1%	
Good	58.2%	52.3% - 64.0%	57.5%	53.1% - 61.9%	57.7%	54.3% - 61.2%	56.2%	52.8% - 59.6%

(continued)

Table 5b. Health and well-being characteristics of insured MEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Social support								
Low	8.9%	5.3% - 12.5%	11.6%	8.7% - 14.5%	10.6%	8.4% - 12.9%	11.1%	8.9% - 13.2%
Fair	13.8%		16.8%		15.7%		16.1%	
High	77.3%	72.4% - 82.2%	71.6%	67.6% - 75.6%	73.7%	70.6% - 76.8%	72.9%	69.8% - 75.9%
Sense of life purpose								
Low	10.8%	7.2% - 14.4%	13.4%	10.3% - 16.5%	12.4%	10.1% - 14.8%	12.7%	10.4% - 15.0%
Good	48.1%		49.2%		48.8%		49.3%	
Very Good	41.1%	35.5% - 46.8%	37.4%	33.1% - 41.8%	38.8%	35.4% - 42.2%	38.0%	34.7% - 41.3%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different ($p < .05$) from Non-KP insured NCAL adults

^b Significantly different ($p < .05$) from Total insured NCAL adults

^c Significantly different ($p < .05$) from Total NCAL adults including uninsured

Table 5c. Health care coverage, utilization, and access issues, insured MEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Insurance coverage								
Medi-Cal	10.8% ^{abc}	8.2% - 13.3%	24.7%	21.9% - 27.4%	19.6%	17.6% - 21.5%	18.1%	16.2% - 19.9%
Medicare	20.4%	17.7% - 23.1%	22.0%	19.8% - 24.2%	21.4%	19.7% - 23.1%	19.8%	18.2% - 21.4%
Health care use and access								
≥ 1 ER visit in past 12 mo.	21.8%	18.5% - 25.2%	19.6%	17.2% - 21.9%	20.4%	18.5% - 22.3%	20.1%	18.3% - 21.9%
<u>Number times saw a doctor in past 12 mo.:</u>								
≤ 1	39.6%	35.7% - 43.5%	38.1%	35.0% - 41.1%	38.7%	36.2% - 41.1%	40.8%	38.5% - 43.1%
0	17.6%	14.3% - 20.8%	18.2%	15.6% - 20.8%	18.0%	16.0% - 20.0%	20.1%	18.1% - 22.1%
1	22.1%		19.9%		20.7%		20.7%	
2-3	36.9%		27.4%		30.9%		30.2%	
≥ 4	23.5% ^{abc}	20.4% - 26.5%	34.5%	31.7% - 37.2%	30.4%	28.4% - 32.5%	29.0%	27.0% - 31.0%
In past 12 mo., due to cost, delayed or did not get:								
Medical care	2.4%	0.8% - 4.0%	3.6%	2.5% - 4.8%	3.2%	2.2% - 4.1%	3.5%	2.5% - 4.5%
Rx medication	3.6%	1.8% - 5.4%	3.8%	2.8% - 4.8%	3.7%	2.8% - 4.6%	4.1%	3.2% - 5.0%
Dental care								
Has dental insurance	80.2% ^{abc}	77.3% - 83.2%	71.4%	68.6% - 74.1%	74.6%	72.6% - 76.7%	70.8%	68.7% - 72.9%
Got any dental care in past 12 mo.	81.4% ^{ac}	78.6% - 84.2%	72.2%	69.4% - 75.0%	75.6%	73.5% - 77.7%	73.3%	71.2% - 75.4%
Got routine (preventive) dental care in past 12 mo.	68.3% ^{abc}	64.6% - 72.0%	56.1%	53.0% - 59.1%	60.6%	58.2% - 63.0%	58.6%	56.3% - 60.9%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 6a. Sociodemographic characteristics of insured WOMEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured women, and total women including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Age								
26-34	17.9%	14.6% - 21.3%	16.7%	14.2% - 19.1%	17.1%	15.2% - 19.1%	17.4%	15.5% - 19.3%
35-44	17.8%		22.2%		20.6%		20.8%	
45-54	17.2%		18.3%		17.9%		18.3%	
55-64	22.8%		19.1%		20.5%		20.7%	
65-74	14.8%		14.3%		14.5%		14.0%	
75-84	9.5%	7.7% - 11.3%	9.3%	7.8% - 10.8%	9.3%	8.2% - 10.5%	8.9%	7.8% - 10.0%
Race								
White non-Hispanic	48.9%	45.1% - 52.8%	47.7%	44.9% - 50.6%	48.2%	45.9% - 50.5%	47.3%	45.1% - 49.5%
Black	8.8%	6.6% - 11.0%	6.5%	5.1% - 7.9%	7.3%	6.1% - 8.5%	7.3%	6.1% - 8.5%
Latinx	17.6% ^a	14.5% - 20.7%	22.9%	20.2% - 25.6%	21.0%	18.9% - 23.0%	22.3%	20.2% - 24.3%
Asian/Pacific Islander	24.1%	20.2% - 28.1%	21.7%	19.0% - 24.4%	22.6%	20.3% - 24.8%	22.2%	20.0% - 24.3%
Other	0.5%	0.2% - 0.8%	1.2%	0.6% - 1.8%	0.9%	0.6% - 1.3%	0.9%	0.5% - 1.3%
Education								
≤ High school graduate	23.8% ^{ac}	20.1% - 27.5%	32.2%	29.2% - 35.1%	29.1%	26.8% - 31.5%	30.2%	27.9% - 32.5%
<High school graduate	6.8% ^{abc}	4.2% - 9.3%	9.3%	12.6% - 17.8%	12.2%	10.3% - 14.1%	13.1%	11.2% - 15.0%
High school graduate	17.0%		20.1%		17.0%		17.1%	
Some college/Assoc. degree	21.2%		24.1%		20.8%		21.0%	
College graduate	55.1% ^{ac}	51.2% - 58.9%	47.2%	44.3% - 50.1%	50.0%	47.7% - 52.4%	48.8%	46.5% - 51.0%
Work status								
Works ≥ 21 hours/week	53.8% ^{ac}	50.0% - 57.6%	45.2%	42.3% - 48.1%	48.3%	46.0% - 50.6%	63.7%	61.1% - 66.2%
Works ≥1 hour/week	62.3% ^{ac}	58.7% - 65.9%	55.0%	52.1% - 57.8%	57.6%	55.3% - 59.9%	69.6%	67.3% - 72.0%
Relationship status								
Married/living with partner	69.3%	65.9% - 72.8%	65.2%	62.5% - 68.0%	66.7%	64.6% - 68.9%	66.4%	64.3% - 68.5%
Household Income								
<\$35,000	16.5% ^{abc}	13.6% - 19.4%	28.2%	25.5% - 30.8%	23.9%	21.9% - 26.0%	24.4%	22.4% - 26.4%
<\$25,000	10.8% ^{abc}	8.3% - 13.3%	21.2%	18.7% - 23.6%	17.4%	15.6% - 19.2%	17.6%	15.8% - 19.4%
\$25,000 - <\$35,000	5.7%		7.0%		6.5%		6.8%	
\$35,000 - < \$65,000	21.7%		18.0%		19.4%		19.8%	
\$65,000 - < \$80,000	8.0%		6.4%		6.9%		7.0%	
\$80,000 - <100,000	11.2%		6.3%		8.1%		7.9%	
>\$100,000	42.6%	38.8% - 46.3%	41.1%	38.2% - 44.0%	41.6%	39.4% - 43.9%	40.9%	38.6% - 43.1%
Median household income	\$79,806	\$74,870 - \$84,743	\$71,132	\$64,034 - \$78,230	\$76,709	\$72,839 - \$80,579	\$74,928	\$71,055 - \$78,800

(continued)

Table 6a. Sociodemographic characteristics of insured WOMEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured women, and total women including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Poverty indicators								
<200% of FPL ¹	18.3% ^{abc}	15.2% - 21.4%	31.5%	28.7% - 34.3%	26.7%	24.6% - 28.9%	27.8%	25.7% - 29.9%
0-99% of FPL	7.4%		16.5%		13.2%		13.5%	11.9% - 15.2%
100-199% of FPL	10.9%		15.0%		13.5%		14.3%	12.6% - 16.0%
200-299% of FPL	15.8%		11.0%		12.8%		12.7%	11.2% - 14.3%
300-399% of FPL	11.7%		8.3%		9.5%		9.4%	8.2% - 10.7%
≥400% of FPL ¹	54.2% ^a	50.3% - 58.0%	49.2%	46.3% - 52.1%	51.0%	48.7% - 53.3%	50.0%	47.7% - 52.3%
Gets SNAP/food stamps	2.1% ^{abc}	1.2% - 3.0%	11.6%	9.4% - 13.7%	8.1%	6.7% - 9.6%	7.8%	6.5% - 9.2%
Covered by Medi-Cal	12.2% ^{abc}	9.5% - 14.8%	30.7%	27.9% - 33.5%	24.0%	21.9% - 26.1%	22.8%	20.8% - 24.8%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 6b. Health and well-being characteristics of insured WOMEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured women, and total women including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Health status								
Overall health								
Fair/Poor	15.0% ^a	12.2% - 17.9%	20.9%	18.5% - 23.3%	18.8%	16.9% - 20.6%	18.8%	17.0% - 20.6%
Good	29.7%		30.6%		30.3%		30.2%	
Very good/excellent	55.2% ^a	51.4% - 59.1%	48.4%	45.5% - 51.3%	50.9%	48.6% - 53.2%	50.9%	48.7% - 53.2%
Has diabetes	9.4%	7.3% - 11.5%	10.6%	8.8% - 12.5%	10.2%	8.8% - 11.6%	10.0%	8.6% - 11.3%
Has prediabetes	17.9%	15.0% - 20.7%	14.3%	12.3% - 16.3%	15.6%	14.0% - 17.2%	15.4%	13.8% - 17.0%
Has high blood pressure	28.4%	25.2% - 31.7%	32.2%	29.6% - 34.9%	30.9%	28.8% - 32.9%	30.2%	28.2% - 32.2%
Has heart disease	5.4%	3.9% - 7.0%	6.2%	5.1% - 7.4%	5.9%	5.0% - 6.9%	6.0%	5.1% - 7.0%
Has asthma	13.4%	10.8% - 16.0%	13.0%	11.1% - 14.9%	13.2%	11.6% - 14.7%	13.1%	11.6% - 14.6%
Experienced psychological distress in past 12 mo.	9.9%	7.3% - 12.5%	9.5%	7.8% - 11.1%	9.6%	8.2% - 11.0%	9.7%	8.4% - 11.1%
Smoking status								
Ever smoker	30.4%	27.0% - 33.7%	27.5%	25.0% - 30.0%	28.5%	26.6% - 30.5%	28.2%	26.3% - 30.2%
Current smoker	5.8%	4.2% - 7.4%	8.0%	6.4% - 9.6%	7.2%	6.0% - 8.4%	7.2%	6.0% - 8.3%
Former smoker	24.6%	21.5% - 27.7%	19.5%	17.4% - 21.6%	21.3%	19.6% - 23.1%	21.1%	19.4% - 22.8%
Never smoker	69.6%	66.3% - 73.0%	72.5%	70.0% - 75.0%	71.5%	69.5% - 73.4%	71.8%	69.8% - 73.7%
Weight								
Overweight/Obese	58.9%	55.1% - 62.7%	57.6%	54.7% - 60.4%	58.0%	55.8% - 60.3%	57.9%	55.7% - 60.1%
Obese	28.8%	25.2% - 32.4%	27.4%	24.7% - 30.2%	27.9%	25.8% - 30.1%	27.7%	25.6% - 29.8%
Well-being indicators								
Evaluation of life now								
Suffering	5.3%	2.3% - 8.2%	7.7%	5.5% - 10.0%	6.9%	5.1% - 8.6%	7.4%	5.5% - 9.2%
Struggling	20.1%		20.7%		20.5%		20.5%	
Thriving	74.7%	69.4% - 80.0%	71.5%	67.6% - 75.5%	72.7%	69.5% - 75.8%	72.1%	69.0% - 75.2%
Overall life evaluation								
Suffering	0.8%	0.2% - 1.4%	2.5%	1.3% - 3.6%	1.9%	1.1% - 2.6%	1.9%	1.1% - 2.6%
Struggling	35.0%		37.9%		36.9%		37.1%	
Thriving	64.2%	58.8% - 69.6%	59.6%	55.4% - 63.9%	61.3%	57.9% - 64.6%	61.0%	57.7% - 64.3%
Evaluation of financial situation								
Poor	9.4% ^{abc}	6.3% - 12.5%	18.0%	14.6% - 21.4%	14.9%	12.5% - 17.4%	15.8%	13.4% - 18.3%
Moderate	29.8%		29.9%		29.9%		30.3%	
Good	60.7%	55.3% - 66.2%	52.1%	47.8% - 56.4%	55.2%	51.8% - 58.6%	53.9%	50.6% - 57.2%

(continued)

Table 6b. Health and well-being characteristics of insured WOMEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured women, and total women including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Social support								
Low	7.7%	3.8% - 11.6%	8.4%	5.9% - 10.8%	8.1%	6.0% - 10.2%	8.9%	6.8% - 11.1%
Fair	14.3%		18.3%		16.9%		17.4%	
High	78.0%	73.1% - 82.9%	73.3%	69.6% - 77.0%	75.0%	72.0% - 77.9%	73.7%	70.7% - 76.7%
Sense of life purpose								
Low	9.1%	6.2% - 11.9%	11.0%	8.6% - 13.4%	10.3%	8.5% - 12.2%	10.2%	8.4% - 12.0%
Good	48.3%		51.6%		50.4%		51.0%	
Very Good	42.7%	37.3% - 48.0%	37.3%	33.2% - 41.4%	39.2%	36.0% - 42.5%	38.7%	35.6% - 41.9%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different ($p < .05$) from Non-KP insured NCAL adults

^b Significantly different ($p < .05$) from Total insured NCAL adults

Table 6c. Health care coverage, utilization, and access issues, insured WOMEN aged 26-84 who are covered by Kaiser Permanente, by another health plan/insurer, and total insured women in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Insurance coverage								
Medi-Cal	12.2% ^{abc}	9.5% - 14.8%	30.7%	27.9% - 33.5%	24.0%	21.9% - 26.1%	22.8%	20.8% - 24.8%
Medicare	25.9%	23.0% - 28.9%	25.1%	22.8% - 27.3%	25.4%	23.6% - 27.1%	24.1%	22.4% - 25.7%
Health care use and access								
≥ 1 ER visit in past 12 mo.	19.5%	16.4% - 22.5%	21.7%	19.3% - 24.1%	20.9%	19.0% - 22.8%	20.8%	18.9% - 22.6%
<u>Number of times saw a doctor in past 12 mo.:</u>								
≤ 1	33.4% ^{ab}	29.5% - 37.2%	23.4%	20.8% - 25.9%	27.0%	24.8% - 29.1%	28.7%	26.6% - 30.9%
0	12.5%	9.7% - 15.2%	9.3%	7.5% - 11.1%	10.5%	8.9% - 12.0%	11.9%	10.4% - 13.5%
1	20.9%		14.0%		16.5%		16.8%	15.0% - 18.6%
2-3	30.7%		33.9%		32.8%		32.1%	30.0% - 34.3%
≥ 4	35.9% ^a	32.3% - 39.5%	42.7%	39.9% - 45.5%	40.3%	38.0% - 42.5%	39.1%	37.0% - 41.3%
In past 12 mo., due to cost, delayed or did not get:								
Medical care	2.8% ^a	1.6% - 3.9%	5.2%	3.9% - 6.4%	4.3%	3.4% - 5.2%	4.9%	3.9% - 6.0%
Rx medication	4.7%	3.0% - 6.3%	6.2%	4.8% - 7.6%	5.7%	4.6% - 6.7%	6.4%	5.3% - 7.6%
Dental care								
Has dental insurance	75.1%	71.8% - 78.4%	71.8%	69.1% - 74.4%	73.0%	70.9% - 75.0%	70.6%	68.5% - 72.7%
Got any dental care in past 12 mo.	83.6% ^{ac}	80.6% - 86.6%	78.0%	75.6% - 80.5%	80.0%	78.1% - 81.9%	78.6%	76.7% - 80.5%
Got routine (preventive) dental care in past 12 mo.	70.6% ^a	67.0% - 74.2%	64.2%	61.4% - 67.0%	66.5%	64.3% - 68.7%	65.4%	63.3% - 67.6%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 7a. Sociodemographic characteristics of ALL non-Medi-Cal insured adults aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured adults in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Age						
26-34	18.4%	15.8% - 20.9%	17.0%	14.9% - 19.0%	17.6%	16.0% - 19.1%
35-44	19.4%		21.6%		20.7%	
45-54	20.0%		19.4%		19.7%	
55-64	21.8%		19.6%		20.5%	
65-74	12.7%		13.9%		13.4%	
75-84	7.8%	6.6% - 9.0%	8.4%	7.3% - 9.5%	8.2%	7.3% - 9.0%
Race						
White non-Hispanic	53.0% ^a	50.0% - 55.9%	57.8%	55.3% - 60.2%	55.8%	53.9% - 57.7%
Black	7.5% ^a	5.9% - 9.1%	4.5%	3.5% - 5.4%	5.7%	4.9% - 6.6%
Latinx	17.0%	14.7% - 19.4%	16.6%	14.5% - 18.7%	16.8%	15.2% - 18.3%
Asian/Pacific Islander	21.3%	18.5% - 24.2%	20.5%	18.3% - 22.7%	20.8%	19.1% - 22.6%
Other	1.1%	0.4% - 1.8%	0.7%	0.4% - 0.9%	0.9%	0.5% - 1.2%
Education						
≤ High school graduate	21.8%	19.1% - 24.5%	19.9%	17.7% - 22.1%	20.7%	19.0% - 22.4%
<High school graduate	4.8%	3.2% - 6.5%	6.0%	4.4% - 7.6%	5.5%	4.4% - 6.7%
High school graduate	17.0%	14.6% - 19.3%	13.9%	12.2% - 15.6%	15.2%	13.7% - 16.6%
Some college/Assoc. degree	20.1%	17.9% - 22.3%	18.1%	16.4% - 19.7%	18.9%	17.6% - 20.3%
College graduate	58.1% ^a	55.1% - 61.0%	62.1%	59.7% - 64.4%	60.4%	58.6% - 62.2%
Work status						
Works ≥ 21 hours/week	66.7%	64.1% - 69.2%	63.4%	61.2% - 65.6%	64.7%	63.1% - 66.4%
Works ≥1 hour/week	72.2%	69.8% - 74.6%	69.5%	67.5% - 71.6%	70.6%	69.1% - 72.2%
Relationship status						
Married/living with partner	73.7%	71.1% - 76.2%	74.7%	72.6% - 76.7%	74.2%	72.7% - 75.8%
Household Income						
<\$35,000	9.1%	7.5% - 10.7%	9.6%	8.2% - 11.0%	9.4%	8.4% - 10.5%
<\$25,000	5.1%	3.8% - 6.3%	5.4%	4.4% - 6.5%	5.3%	4.5% - 6.1%
\$25,000 - <\$35,000	4.0%		4.2%		4.1%	
\$35,000 - < \$65,000	19.1%		15.3%		16.9%	
\$65,000 - < \$80,000	8.4%		7.8%		8.1%	
\$80,000 - <100,000	11.2%		8.7%		9.7%	
>\$100,000	52.1% ^a	49.2% - 55.0%	58.6%	56.3% - 60.9%	55.9%	54.1% - 57.8%
Median household income	\$99,419	\$94,445 - \$104,393	\$109,645	\$103,941 - \$115,349	\$101,388	\$96,661 - \$106,115
Poverty indicators						
<200% of FPL ¹	10.8%	8.9% - 12.7%	10.1%	8.6% - 11.5%	10.4%	9.2% - 11.5%
0-99% of FPL	3.1%		3.6%		3.4%	
100-199% of FPL	7.8%		6.5%		7.0%	
200-299% of FPL	11.9%		9.2%		10.3%	
300-399% of FPL	12.3%		11.0%		11.6%	
≥400% of FPL ¹	65.0% ^a	62.1% - 67.9%	69.7%	67.5% - 71.9%	67.7%	66.0% - 69.5%
Gets SNAP/food stamps	0.2%	0.1% - 0.4%	0.5%	0.3% - 0.8%	0.4%	0.2% - 0.6%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total NCAL insured adults not covered through Medi-Cal (California's Medicaid program)

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange;<138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

Table 7b. Health and well-being characteristics of ALL non-Medi-Cal insured adults aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured adults in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health status						
Overall health						
Fair/Poor	12.9%	10.7% - 15.0%	14.0%	12.3% - 15.8%	13.5%	12.2% - 14.9%
Good	30.4%		30.0%		30.1%	
Very good/excellent	56.8%	53.8% - 59.7%	56.0%	53.6% - 58.4%	56.3%	54.5% - 58.2%
Has diabetes						
	9.1%	7.5% - 10.7%	8.4%	7.1% - 9.6%	8.7%	7.7% - 9.7%
Has prediabetes						
	18.9%	16.6% - 21.1%	15.3%	13.6% - 17.0%	16.8%	15.4% - 18.1%
Has high blood pressure						
	29.0%	26.5% - 31.5%	30.7%	28.6% - 32.9%	30.0%	28.4% - 31.6%
Has heart disease						
	5.5%	4.4% - 6.7%	6.7%	5.8% - 7.7%	6.3%	5.5% - 7.0%
Has asthma						
	11.7%	9.8% - 13.6%	9.4%	7.9% - 10.8%	10.3%	9.2% - 11.5%
Experienced psychological distress in past 12 mo.						
	7.1%	5.4% - 8.7%	6.1%	4.9% - 7.2%	6.5%	5.5% - 7.5%
Smoking status						
Ever smoker						
	33.2%	30.5% - 35.8%	32.5%	30.3% - 34.7%	32.8%	31.1% - 34.5%
Current smoker						
	7.6%	5.9% - 9.2%	7.5%	6.1% - 8.8%	7.5%	6.5% - 8.5%
Former smoker						
	25.6%	23.2% - 28.0%	25.0%	23.1% - 27.0%	25.3%	23.8% - 26.8%
Never smoker						
	66.8%	64.2% - 69.5%	67.5%	65.3% - 69.7%	67.2%	65.5% - 68.9%
Weight						
Overweight/Obese						
	65.8%	63.0% - 68.5%	63.3%	61.0% - 65.6%	64.3%	62.6% - 66.1%
Obese						
	30.5%^a	27.6% - 33.3%	26.1%	23.9% - 28.3%	27.9%	26.1% - 29.6%
Well-being indicators						
Evaluation of life now						
Suffering						
	4.5%	2.4% - 6.6%	4.8%	3.1% - 6.4%	4.8%	3.1% - 6.4%
Struggling						
	19.6%		16.6%		16.6%	
Thriving						
	75.9%	71.8% - 80.0%	78.6%	75.6% - 81.6%	78.6%	75.6% - 81.6%
Overall life evaluation						
Suffering						
	1.2%	0.0% - 2.4%	1.4%	0.7% - 2.2%	1.3%	0.7% - 2.0%
Struggling						
	33.9%		32.3%		32.9%	
Thriving						
	64.9%	60.7% - 69.1%	66.3%	63.0% - 69.7%	65.8%	63.1% - 68.4%
Evaluation of financial situation						
Poor						
	8.2%	5.6% - 10.8%	9.8%	7.7% - 11.9%	9.1%	7.5% - 10.7%
Moderate						
	29.9%		25.7%		27.4%	
Good						
	61.9%	57.6% - 66.1%	64.5%	61.1% - 68.0%	63.4%	60.7% - 66.1%
Social support						
Low						
	7.1%	4.2% - 9.9%	7.0%	5.1% - 8.9%	7.0%	5.4% - 8.6%
Fair						
	14.4%		15.1%		14.8%	
High						
	78.5%	74.8% - 82.2%	77.9%	75.0% - 80.8%	78.1%	75.8% - 80.4%
Sense of life purpose						
Low						
	9.8%	7.3% - 12.2%	9.7%	7.5% - 11.8%	9.7%	8.1% - 11.3%
Good						
	47.6%		49.4%		48.7%	
Very Good						
	42.6%	38.4% - 46.8%	40.9%	37.4% - 44.5%	41.6%	38.9% - 44.3%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different ($p < .05$) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different ($p < .05$) from Total NCAL insured adults not covered through Medi-Cal (California's Medicaid program)

Table 7c. Health care coverage, utilization, and access issues, ALL non-Medi-Cal insured adults aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured adults in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Insurance coverage						
Medicare	20.4%	18.5% - 22.3%	22.5%	20.8% - 24.2%	21.6%	20.4% - 22.9%
Health care use and access						
≥ 1 ER visit in past 12 mo.	18.9%	16.6% - 21.3%	17.4%	15.6% - 19.2%	18.0%	16.6% - 19.4%
<u>Number of times saw a doctor in past 12 mo.:</u>						
≤ 1	37.3%^a	34.4% - 40.2%	30.9%	28.6% - 33.2%	33.6%	31.7% - 35.4%
0	14.7%	12.5% - 17.0%	12.3%	10.5% - 14.0%	13.3%	11.9% - 14.6%
1	22.6%		18.7%		20.3%	
2-3	34.3%		31.7%		32.8%	
≥ 4	28.4%^{ab}	25.9% - 30.8%	37.4%	35.2% - 39.6%	33.7%	32.0% - 35.3%
In past 12 mo., due to cost, delayed or did not get:						
Medical care	2.0%	1.1% - 2.9%	4.0%	3.0% - 5.0%	3.2%	2.5% - 3.9%
Rx medication	3.6%	2.4% - 4.9%	4.3%	3.4% - 5.3%	4.0%	3.3% - 4.8%
Dental care						
Has dental insurance	80.0%	77.9% - 82.2%	77.2%	75.3% - 79.2%	78.4%	76.9% - 79.8%
Got any dental care in past 12 mo.	85.1%^a	83.1% - 87.1%	81.9%	80.0% - 83.8%	83.2%	81.8% - 84.6%
Got routine (preventive) dental care in past 12 mo.	72.7%	70.1% - 75.3%	68.6%	66.3% - 70.9%	70.3%	68.6% - 72.0%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total NCAL insured adults not covered through Medi-Cal (California's Medicaid program)

Table 8a. Sociodemographic characteristics of non-Medi-Cal insured MEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured men in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Age						
26-34	19.4%	15.7% - 23.1%	19.7%	16.6% - 22.9%	19.6%	17.2% - 22.0%
35-44	20.6%		22.3%		21.6%	
45-54	22.3%		18.9%		20.3%	
55-64	19.9%		18.6%		19.2%	
65-74	11.5%		13.2%		12.5%	
75-84	6.3%	4.7% - 7.9%	7.2%	5.7% - 8.6%	6.8%	5.7% - 7.9%
Race						
White non-Hispanic	53.5%	49.2% - 57.7%	57.1%	53.6% - 60.7%	55.6%	52.9% - 58.3%
Black	7.6% ^a	5.3% - 9.9%	4.3%	2.9% - 5.7%	5.6%	4.4% - 6.9%
Latinx	17.3%	13.9% - 20.8%	18.0%	14.9% - 21.1%	17.7%	15.4% - 20.0%
Asian/Pacific Islander	19.8%	16.0% - 23.7%	19.9%	17.0% - 22.9%	19.9%	17.6% - 22.3%
Other	1.8%	0.4% - 3.2%	0.6%	0.2% - 1.0%	1.1%	0.5% - 1.7%
Education						
≤ High school graduate	23.6%	19.7% - 27.5%	20.4%	17.3% - 23.5%	21.7%	19.2% - 24.1%
<High school graduate	5.1%	2.6% - 7.5%	6.5%	4.2% - 8.8%	5.9%	4.2% - 7.6%
High school graduate	18.5%	15.1% - 21.9%	13.9%	11.5% - 16.3%	15.8%	13.8% - 17.8%
Some college/Assoc. degree	20.2%	16.9% - 23.4%	16.4%	14.1% - 18.8%	18.0%	16.0% - 19.9%
College graduate	56.3% ^a	52.1% - 60.5%	63.2%	59.8% - 66.6%	60.4%	57.7% - 63.0%
Work status						
Works ≥ 21 hours/week	77.2%	74.3% - 80.1%	72.7%	70.0% - 75.5%	74.6%	72.6% - 76.6%
Works ≥ 1 hour/week	80.3%	77.6% - 83.0%	76.7%	74.2% - 79.3%	78.2%	76.3% - 80.0%
Relationship status						
Married/living with partner	75.5%	71.8% - 79.2%	74.8%	71.8% - 77.8%	75.1%	72.8% - 77.4%
Household Income						
<\$35,000	6.5%	4.8% - 8.3%	9.1%	7.3% - 10.9%	8.0%	6.8% - 9.3%
<\$25,000	3.8%	2.5% - 5.1%	5.2%	3.9% - 6.5%	4.6%	3.7% - 5.6%
\$25,000 - <\$35,000	2.8%		3.9%		3.4%	
\$35,000 - < \$65,000	15.8%		14.3%		14.9%	
\$65,000 - < \$80,000	9.1%		7.8%		8.4%	
\$80,000 - <100,000	9.9%		8.9%		9.3%	
>\$100,000	58.7%	54.6% - 62.8%	60.0%	56.6% - 63.3%	59.4%	56.9% - 62.0%
Median household income	\$116,765	\$106,241 - \$127,290	\$119,233	\$109,597 - \$128,869	\$119,128	\$111,596 - \$126,660
Poverty indicators						
<200% of FPL ¹	8.5%	6.1% - 10.8%	9.2%	7.3% - 11.0%	8.9%	7.4% - 10.3%
0-99% of FPL	2.5%		3.3%		3.0%	
100-199% of FPL	6.0%		5.8%		5.9%	
200-299% of FPL	8.9%		8.6%		8.7%	
300-399% of FPL	11.7%		10.9%		11.2%	
≥400% of FPL ¹	71.0%	67.1% - 74.9%	71.4%	68.3% - 74.5%	71.2%	68.8% - 73.7%
Gets SNAP/food stamps	0.1%	0.0% - 0.3%	0.4%	0.1% - 0.7%	0.3%	0.1% - 0.5%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total NCAL insured adults not covered through Medi-Cal (California's Medicaid program)

Table 8b. Health and well-being characteristics of non-Medi-Cal insured MEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured men in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health Status						
Overall health						
Fair/Poor	13.2%	10.1% - 16.3%	14.2%	11.8% - 16.6%	13.8%	11.9% - 15.7%
Good	31.1%		32.1%		31.7%	
Very good/excellent	55.8%	51.6% - 59.9%	53.8%	50.3% - 57.2%	54.6%	51.9% - 57.2%
Has diabetes	9.9%	7.4% - 12.3%	8.7%	7.2% - 10.3%	9.2%	7.8% - 10.5%
Has prediabetes	21.1%	17.6% - 24.7%	18.5%	15.9% - 21.1%	19.6%	17.4% - 21.7%
Has high blood pressure	30.7%	27.1% - 34.4%	32.6%	29.5% - 35.8%	31.9%	29.5% - 34.2%
Has heart disease	6.1%	4.3% - 7.8%	8.1%	6.5% - 9.6%	7.2%	6.1% - 8.4%
Has asthma	10.4%	7.6% - 13.2%	7.2%	5.4% - 9.0%	8.5%	6.9% - 10.1%
Experienced psychological distress in past 12 mo.	4.8%	3.0% - 6.5%	5.1%	3.5% - 6.7%	4.9%	3.8% - 6.1%
Smoking status						
Ever smoker	36.6%	32.5% - 40.6%	39.4%	36.0% - 42.7%	38.2%	35.7% - 40.8%
Current smoker	9.6%	6.8% - 12.4%	10.5%	8.1% - 12.8%	10.1%	8.3% - 11.9%
Former smoker	27.0%	23.4% - 30.6%	28.9%	25.9% - 31.9%	28.1%	25.8% - 30.4%
Never smoker	63.4%	59.4% - 67.5%	60.6%	57.3% - 64.0%	61.8%	59.2% - 64.3%
Weight						
Overweight/Obese	74.8%	71.2% - 78.3%	74.0%	71.1% - 77.0%	74.3%	72.1% - 76.6%
Obese	33.5%	29.3% - 37.7%	28.9%	25.7% - 32.1%	30.7%	28.2% - 33.3%
Well-being indicators						
Evaluation of life now						
Suffering	4.3%	1.6% - 7.1%	5.2%	2.8% - 7.6%	4.8%	3.0% - 6.6%
Struggling	22.3%		16.4%		18.8%	
Thriving	73.4%	67.2% - 79.6%	78.4%	74.3% - 82.6%	76.4%	72.9% - 79.9%
Overall life evaluation						
Suffering	1.8%	0.0% - 4.1%	1.1%	0.5% - 1.8%	1.4%	0.4% - 2.4%
Struggling	35.8%		33.3%		34.3%	
Thriving	62.4%	56.2% - 68.6%	65.6%	60.9% - 70.2%	64.3%	60.5% - 68.0%
Evaluation of financial situation						
Poor	10.6%	6.0% - 15.1%	9.8%	6.8% - 12.9%	10.1%	7.5% - 12.7%
Moderate	29.7%		23.3%		25.9%	
Good	59.7%	53.5% - 66.0%	66.9%	62.2% - 71.6%	64.0%	60.2% - 67.8%
Social support						
Low	7.9%	4.1% - 11.7%	9.8%	6.5% - 13.1%	9.0%	6.5% - 11.5%
Fair	13.6%		14.2%		14.0%	
High	78.5%	73.3% - 83.6%	76.0%	71.7% - 80.3%	77.0%	73.7% - 80.3%
Sense of life purpose						
Low	11.4%	7.4% - 15.5%	12.0%	8.4% - 15.6%	11.8%	9.1% - 14.5%
Good	47.3%		47.4%		47.4%	
Very Good	41.3%	35.3% - 47.3%	40.6%	35.6% - 45.5%	40.9%	37.0% - 44.7%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 8c. Health care coverage, utilization, and access issues, non-Medi-Cal insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured men in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Insurance coverage						
Medicare	17.2%	14.8% - 19.7%	20.6%	18.3% - 23.0%	19.2%	17.5% - 20.9%
Health care use						
≥ 1 ER visit in past 12 mo.	19.7%	16.3% - 23.1%	15.7%	13.4% - 18.1%	17.4%	15.4% - 19.3%
<u>Number of times saw a doctor in past 12 mo.:</u>						
≤ 1	40.8%	36.7% - 45.0%	38.2%	34.7% - 41.6%	39.2%	36.6% - 41.9%
0	17.9%	14.4% - 21.4%	16.4%	13.7% - 19.1%	17.0%	14.8% - 19.2%
1	22.9%		21.8%		22.2%	
2-3	37.7%		29.6%		32.9%	
≥ 4	21.5%^{ab}	18.4% - 24.6%	32.3%	29.3% - 35.2%	27.9%	25.7% - 30.1%
In past 12 mo., due to cost, delayed or did not get:						
Medical care	1.5%	0.1% - 2.9%	3.1%	1.7% - 4.4%	2.4%	1.5% - 3.4%
Rx medication	2.8%	1.1% - 4.5%	3.2%	2.2% - 4.2%	3.0%	2.1% - 4.0%
Dental care						
Has dental insurance	83.1%^a	80.4% - 85.9%	76.5%	73.7% - 79.3%	79.2%	77.2% - 81.2%
Got any dental care in past 12 mo.	83.2%^a	80.4% - 85.9%	78.7%	75.8% - 81.6%	80.5%	78.4% - 82.6%
Got routine (preventive) dental care in past 12 mo.	70.3%	66.4% - 74.1%	63.9%	60.5% - 67.3%	66.5%	63.9% - 69.1%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 9a. Sociodemographic characteristics of non-Medi-Cal insured WOMEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured women in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Age						
26-34	17.4%	13.9% - 20.9%	14.2%	11.6% - 16.9%	15.5%	13.4% - 17.7%
35-44	18.2%		20.9%		19.8%	
45-54	17.8%		20.0%		19.1%	
55-64	23.6%		20.6%		21.8%	
65-74	13.9%		14.6%		14.3%	
75-84	9.2%	7.4% - 11.0%	9.7%	8.0% - 11.3%	9.5%	8.3% - 10.7%
Race						
White non-Hispanic	52.5% ^a	48.4% - 56.7%	58.4%	54.9% - 61.9%	56.0%	53.3% - 58.6%
Black	7.5% ^a	5.3% - 9.6%	4.7%	3.4% - 6.0%	5.8%	4.7% - 7.0%
Latinx	16.8%	13.5% - 20.0%	15.2%	12.4% - 17.9%	15.8%	13.7% - 17.9%
Asian/Pacific Islander	22.8%	18.6% - 26.9%	21.0%	17.8% - 24.2%	21.7%	19.2% - 24.3%
Other	0.5%	0.1% - 0.8%	0.8%	0.4% - 1.1%	0.6%	0.4% - 0.9%
Education						
≤ High school graduate	20.1%	16.4% - 23.8%	19.4%	16.3% - 22.5%	19.7%	17.3% - 22.1%
<High school graduate	4.7%	2.4% - 6.9%	5.5%	3.3% - 7.7%	5.2%	3.6% - 6.8%
High school graduate	15.5%	12.2% - 18.7%	13.9%	11.4% - 16.3%	14.5%	12.6% - 16.5%
Some college/Assoc. degree	20.1%	17.1% - 23.1%	19.7%	17.3% - 22.0%	19.8%	18.0% - 21.7%
College graduate	59.8%	55.7% - 63.8%	60.9%	57.6% - 64.2%	60.4%	57.9% - 63.0%
Work status						
Works ≥ 21 hours/week	56.6%	52.7% - 60.6%	54.1%	50.7% - 57.4%	55.1%	52.6% - 57.7%
Works ≥ 1 hour/week	64.5%	60.7% - 68.2%	62.4%	59.2% - 65.6%	63.3%	60.8% - 65.7%
Relationship status						
Married/living with partner	71.9%	68.3% - 75.5%	74.5%	71.8% - 77.2%	73.4%	71.2% - 75.6%
Household Income						
<\$35,000	11.5%	8.9% - 14.1%	10.2%	8.0% - 12.3%	10.7%	9.1% - 12.4%
<\$25,000	6.3%	4.2% - 8.4%	5.7%	4.1% - 7.2%	5.9%	4.7% - 7.2%
\$25,000 - <\$35,000	5.2%		4.5%		4.8%	
\$35,000 - < \$65,000	22.3%		16.3%		18.8%	
\$65,000 - < \$80,000	7.8%		7.8%		7.8%	
\$80,000 - <100,000	12.6%		8.5%		10.2%	
>\$100,000	45.9% ^a	41.9% - 49.9%	57.2%	54.0% - 60.5%	52.5%	49.9% - 55.1%
Median household income	\$89,284 ^a	\$83,209 - \$95,359	\$102,424	\$97,003 - \$107,846	\$98,875	\$94,209 - \$103,541
Poverty indicators						
<200% of FPL ¹	13.0%	10.1% - 15.9%	11.0%	8.7% - 13.2%	11.8%	10.1% - 13.6%
0-99% of FPL	3.6%		3.8%		3.7%	
100-199% of FPL	9.4%		7.2%		8.1%	
200-299% of FPL	14.8%		9.9%		11.9%	
300-399% of FPL	12.9%		11.2%		11.9%	
≥400% of FPL ¹	59.2% ^a	55.1% - 63.4%	68.0%	64.8% - 71.1%	64.3%	61.8% - 66.9%
Gets SNAP/food stamps	0.3%	0.1% - 0.6%	0.7%	0.3% - 1.1%	0.6%	0.3% - 0.8%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered by Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered by Medi-Cal (California's Medicaid program)

Table 9b. Health and well-being characteristics of non-Medi-Cal insured WOMEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured women in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health status						
Overall health						
Fair/Poor	12.6%	9.7% - 15.5%	13.9%	11.3% - 16.4%	13.3%	11.4% - 15.3%
Good	29.7%		27.9%		28.7%	
Very good/excellent	57.7%	53.6% - 61.8%	58.2%	54.9% - 61.6%	58.0%	55.4% - 60.6%
Has diabetes	8.4%	6.4% - 10.5%	8.0%	6.1% - 9.9%	8.2%	6.8% - 9.6%
Has prediabetes	16.7%	13.8% - 19.5%	12.1%	10.1% - 14.2%	14.0%	12.3% - 15.7%
Has high blood pressure	27.4%	24.0% - 30.8%	28.8%	25.9% - 31.7%	28.2%	26.0% - 30.4%
Has heart disease	5.0%	3.4% - 6.6%	5.4%	4.4% - 6.5%	5.3%	4.4% - 6.2%
Has asthma	12.9%	10.3% - 15.5%	11.6%	9.4% - 13.7%	12.1%	10.4% - 13.8%
Experienced psychological distress in past 12 mo.	9.3%	6.6% - 12.0%	7.0%	5.3% - 8.8%	8.0%	6.4% - 9.5%
Smoking status						
Ever smoker	29.9%	26.4% - 33.3%	25.6%	23.0% - 28.3%	27.4%	25.3% - 29.5%
Current smoker	5.6%	3.9% - 7.4%	4.5%	3.2% - 5.8%	4.9%	3.9% - 6.0%
Former smoker	24.3%	21.1% - 27.4%	21.2%	18.7% - 23.6%	22.5%	20.5% - 24.4%
Never smoker	70.1%	66.7% - 73.6%	74.4%	71.7% - 77.0%	72.6%	70.5% - 74.7%
Weight						
Overweight/Obese	57.2%	53.2% - 61.2%	52.4%	49.1% - 55.8%	54.4%	51.8% - 57.0%
Obese	27.6%	23.8% - 31.3%	23.3%	20.3% - 26.3%	25.1%	22.7% - 27.4%
Well-being indicators						
Evaluation of life now						
Suffering	4.7%	1.5% - 7.8%	4.4%	2.1% - 6.7%	4.5%	2.6% - 6.4%
Struggling	17.1%		16.8%		16.9%	
Thriving	78.3%	72.8% - 83.7%	78.8%	74.5% - 83.2%	78.6%	75.2% - 82.0%
Overall life evaluation						
Suffering	0.6%	0.1% - 1.1%	1.7%	0.3% - 3.0%	1.2%	0.4% - 2.1%
Struggling	32.0%		31.3%		31.6%	
Thriving	67.4%	61.7% - 73.0%	67.1%	62.3% - 71.9%	67.2%	63.5% - 70.9%
Evaluation of financial situation						
Poor	6.0%	3.6% - 8.3%	9.7%	6.8% - 12.6%	8.2%	6.2% - 10.1%
Moderate	30.2%		28.1%		29.0%	
Good	63.9%	58.0% - 69.7%	62.2%	57.1% - 67.3%	62.9%	59.1% - 66.7%
Social support						
Low	6.3%	2.1% - 10.5%	4.2%	2.5% - 5.9%	5.1%	3.1% - 7.1%
Fair	15.2%		16.0%		15.7%	
High	78.6%	73.2% - 83.9%	79.7%	75.9% - 83.5%	79.2%	76.1% - 82.4%
Sense of life purpose						
Low	8.2%	5.3% - 11.0%	7.4%	5.0% - 9.7%	7.7%	5.9% - 9.5%
Good	48.0%		51.3%		50.0%	
Very Good	43.8%	38.1% - 49.6%	41.3%	36.3% - 46.3%	42.3%	38.6% - 46.1%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 9c. Health care coverage, utilization, and access issues, non-Medi-Cal insured WOMEN aged 26-84 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured women in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Insurance coverage						
Medicare	23.4%	20.6% -26.3%	24.4%	21.9% -26.8%	24.0%	22.1% -25.8%
Health care use and access						
≥ 1 ER visit in past 12 mo.	18.2%	14.9% - 21.4%	19.0%	16.3% - 21.7%	18.7%	16.6% - 20.7%
<u>Number of times saw a doctor in past 12 mo.:</u>						
≤ 1	33.9%^a	29.8% - 38.0%	23.7%	20.7% - 26.8%	28.0%	25.5% - 30.5%
0	11.7%	8.9% - 14.4%	8.1%	6.0% - 10.2%	9.6%	7.9% - 11.3%
1	22.2%		15.6%		18.4%	
2-3	31.2%		33.8%		32.7%	
≥ 4	34.9%^a	31.2% - 38.7%	42.5%	39.2% - 45.8%	39.3%	36.8% - 41.8%
In past 12 mo., due to cost, delayed or did not get:						
Medical care	2.5%	1.3% - 3.6%	5.0%	3.4% - 6.5%	3.9%	2.9% - 4.9%
Rx medication	4.4%	2.7% - 6.2%	5.4%	3.9% - 7.0%	5.0%	3.9% - 6.2%
Dental care						
Has dental insurance	77.1%	73.8% - 80.4%	78.0%	75.2% - 80.7%	77.6%	75.5% - 79.7%
Got any dental care in past 12 mo.	87.0%	84.1% - 89.9%	85.1%	82.6% - 87.5%	85.9%	84.0% - 87.8%
Got routine (preventive) dental care in past 12 mo.	75.0%	71.5% - 78.5%	73.3%	70.3% - 76.2%	74.0%	71.7% - 76.3%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 10a. Sociodemographic characteristics of ALL insured adults aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured adults, and total adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Age								
26-34	23.7%	20.7% - 26.6%	23.9%	21.6% - 26.1%	23.8%	22.0% - 25.6%	24.3%	22.6% - 26.0%
35-44	24.2%		28.2%		26.7%		26.7%	
45-54	25.1%		23.6%		24.2%		24.0%	
55-64	27.0%	24.3% - 29.7%	24.3%	22.5% - 26.2%	25.3%	23.8% - 26.8%	25.0%	23.5% - 26.4%
Race								
White non-Hispanic	46.2%	43.0% - 49.4%	46.4%	44.0% - 48.8%	46.3%	44.4% - 48.2%	45.0%	43.2% - 46.9%
Black	8.5%^a	6.6% - 10.4%	5.8%	4.6% - 6.9%	6.8%	5.8% - 7.8%	6.7%	5.8% - 7.7%
Latinx	20.5%^{ac}	17.7% - 23.2%	26.0%	23.7% - 28.4%	24.0%	22.2% - 25.8%	26.1%	24.3% - 27.9%
Asian/Pacific Islander	23.9%	20.7% - 27.1%	20.9%	18.7% - 23.1%	22.0%	20.2% - 23.8%	21.3%	19.5% - 23.0%
Other	1.0%	0.2% - 1.7%	0.9%	0.5% - 1.3%	0.9%	0.5% - 1.3%	0.9%	0.6% - 1.2%
Education								
≤ High school graduate	22.6%^{ac}	19.5% - 25.6%	29.3%	26.9% - 31.8%	26.9%	25.0% - 28.8%	29.2%	27.3% - 31.0%
<High school graduate	5.9%^{abc}	3.8% - 7.9%	13.7%	11.6% - 15.7%	10.8%	9.3% - 12.4%	12.6%	11.0% - 14.1%
High school graduate	16.7%	14.1% - 19.3%	15.7%	13.9% - 17.5%	16.0%	14.5% - 17.5%	16.6%	15.1% - 18.1%
Some college/Assoc. degree	20.3%	17.7% - 22.9%	18.6%	16.8% - 20.4%	19.2%	17.8% - 20.7%	19.2%	17.8% - 20.6%
College graduate	57.1%^{ac}	53.8% - 60.5%	52.0%	49.6% - 54.5%	53.9%	51.9% - 55.9%	51.6%	49.7% - 53.5%
Work status								
Works ≥ 21 hours/week	78.1%^{abc}	75.5% - 80.8%	66.7%	64.4% - 69.0%	70.8%	69.1% - 72.6%	70.6%	68.9% - 72.3%
Works ≥ 1 hour/week	84.2%^{abc}	81.9% - 86.6%	74.6%	72.4% - 76.7%	78.1%	76.5% - 79.7%	78.2%	76.6% - 79.7%
Relationship status								
Married/living with partner	72.0%	69.0% - 75.0%	67.2%	64.9% - 69.4%	68.9%	67.1% - 70.7%	67.7%	65.9% - 69.4%
Household Income								
<\$35,000	11.1%^{abc}	9.1% - 13.2%	22.9%	20.8% - 24.9%	18.6%	17.1% - 20.1%	20.0%	18.5% - 21.5%
<\$25,000	7.1%^{abc}	5.4% - 8.9%	16.2%	14.4% - 18.0%	12.9%	11.6% - 14.2%	13.6%	12.3% - 14.9%
\$25,000 - <\$35,000	4.0%		6.7%		5.7%		6.4%	
\$35,000 - < \$65,000	17.7%		16.3%		16.8%		17.5%	
\$65,000 - < \$80,000	8.8%		5.9%		6.9%		7.0%	
\$80,000 - <100,000	9.9%		6.6%		7.8%		7.7%	
>\$100,000	52.5%	49.2% - 55.8%	48.4%	45.9% - 50.9%	49.9%	47.9% - 51.8%	47.7%	45.9% - 49.6%
Median household income	\$99,108	\$94,010 - \$104,207	\$89,886	\$82,133 - \$97,639	\$97,777	\$92,715 - \$102,839	\$89,516	\$84,540 - \$94,492

(continued)

Table 10a. Sociodemographic characteristics of ALL insured adults aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured adults, and total adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Poverty indicators								
<200% of FPL ¹	13.8% ^{abc}	11.4% - 16.2%	27.6%	25.4% - 29.8%	22.6%	20.9% - 24.3%	24.4%	22.7% - 26.1%
0-99% of FPL	5.3%		14.2%		11.0%		11.5%	
100-199% FPL	8.5%		13.4%		11.6%		12.9%	
200-299% of FPL	13.9%		10.1%		11.5%		11.7%	
300-399% of FPL	11.4%		8.5%		9.6%		9.5%	
≥400% of FPL ¹	60.8% ^{ac}	57.5% - 64.1%	53.8%	51.4% - 56.3%	56.3%	54.4% - 58.3%	54.3%	52.5% - 56.2%
Gets SNAP/food stamps	1.3% ^{abc}	0.7% - 1.8%	10.4%	8.8% - 12.0%	7.1%	6.0% - 8.1%	6.9%	5.9% - 7.9%
Covered by Medi-Cal	9.4% ^{abc}	7.4% - 11.3%	28.4%	26.1% - 30.6%	21.5%	19.8% - 23.1%	19.8%	18.3% - 21.4%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 10b. Health and well-being characteristics of ALL insured adults aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured adults, and total adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Health status								
Overall health								
Fair/Poor	13.2% ^{abc}	10.8% - 15.6%	19.4%	17.4% - 21.3%	17.1%	15.6% - 18.7%	17.8%	16.3% - 19.3%
Good	29.7%		31.4%		30.8%		30.8%	
Very good/excellent	57.1% ^{ac}	53.7% - 60.4%	49.3%	46.8% - 51.7%	52.1%	50.1% - 54.1%	51.4%	49.5% - 53.4%
Has diabetes	7.2%	5.6% - 8.9%	8.2%	6.9% - 9.4%	7.8%	6.8% - 8.8%	8.0%	7.0% - 9.0%
Has prediabetes	16.1%	13.6% - 18.6%	14.0%	12.4% - 15.6%	14.8%	13.4% - 16.1%	14.6%	13.3% - 16.0%
Has high blood pressure	23.2%	20.5% - 25.9%	26.0%	23.9% - 28.1%	25.0%	23.3% - 26.7%	24.3%	22.7% - 25.9%
Has heart disease	2.7%	1.8% - 3.6%	4.4%	3.5% - 5.2%	3.8%	3.1% - 4.4%	3.9%	3.2% - 4.5%
Has asthma	11.5%	9.3% - 13.7%	10.6%	9.2% - 12.1%	10.9%	9.7% - 12.2%	10.6%	9.4% - 11.8%
Experienced psychological distress in past 12 mo.	8.4%	6.5% - 10.3%	10.0%	8.5% - 11.5%	9.4%	8.3% - 10.6%	9.6%	8.5% - 10.7%
Smoking status								
Ever smoker	31.5%	28.5% - 34.5%	32.2%	30.0% - 34.5%	32.0%	30.2% - 33.8%	32.7%	30.9% - 34.5%
Current smoker	9.6%	7.7% - 11.6%	12.2%	10.6% - 13.9%	11.3%	10.0% - 12.6%	11.8%	10.6% - 13.0%
Former smoker	21.9%	19.2% - 24.5%	20.0%	18.1% - 21.9%	20.7%	19.2% - 22.2%	20.9%	19.4% - 22.4%
Never smoker	68.5%	65.5% - 71.5%	67.8%	65.5% - 70.0%	68.0%	66.2% - 69.8%	67.3%	65.5% - 69.1%
Weight								
Overweight/Obese ¹	66.4%	63.3% - 69.5%	65.3%	63.0% - 67.6%	65.7%	63.8% - 67.5%	65.6%	63.8% - 67.4%
Obese ¹	32.2%	29.0% - 35.5%	29.6%	27.3% - 31.9%	30.6%	28.7% - 32.5%	30.5%	28.7% - 32.3%
Well-being indicators²								
Evaluation of life now								
Suffering	5.7%	3.3% - 8.0%	9.5%	7.3% - 11.7%	8.1%	6.5% - 9.7%	8.4%	6.8% - 10.0%
Struggling	22.5%		20.2%		21.0%		21.3%	
Thriving	71.8%	67.2% - 76.5%	70.3%	67.0% - 73.7%	70.9%	68.2% - 73.6%	70.3%	67.7% - 72.9%
Overall life evaluation								
Suffering	1.5%	0.1% - 2.8%	2.1%	1.2% - 3.1%	1.9%	1.1% - 2.7%	1.9%	1.2% - 2.6%
Struggling	33.9%		36.6%		35.6%		36.1%	
Thriving	64.7%	59.9% - 69.4%	61.3%	57.7% - 64.8%	62.5%	59.7% - 65.3%	62.0%	59.3% - 64.8%
Evaluation of financial situation								
Poor	12.1% ^{ac}	8.9% - 15.4%	19.4%	16.6% - 22.2%	16.7%	14.6% - 18.9%	17.9%	15.8% - 20.0%
Moderate	31.8%		29.0%		30.0%		30.3%	
Good	56.1%	51.3% - 60.9%	51.7%	48.0% - 55.3%	53.3%	50.4% - 56.2%	51.8%	49.0% - 54.6%

(continued)

Table 10b. Health and well-being characteristics of ALL insured adults aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured adults, and total adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Social support								
Low	8.9%	5.6% - 12.2%	9.3%	7.2% - 11.4%	9.2%	7.4% - 11.0%	9.8%	8.1% - 11.5%
Fair	14.3%		18.7%		17.1%		17.6%	
High	76.8%	72.6% - 81.0%	72.0%	68.8% - 75.2%	73.8%	71.2% - 76.3%	72.6%	70.2% - 75.1%
Sense of life purpose								
Low	9.8%	7.1% - 12.5%	12.7%	10.3% - 15.1%	11.6%	9.8% - 13.4%	11.7%	10.0% - 13.4%
Good	48.3%		49.2%		48.9%		49.5%	
Very Good	41.9%	37.2% - 46.5%	38.1%	34.5% - 41.7%	39.5%	36.6% - 42.3%	38.8%	36.0% - 41.5%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different ($p < .05$) from Non-KP insured NCAL adults

^b Significantly different ($p < .05$) from Total insured NCAL adults

^c Significantly different ($p < .05$) from Total NCAL adults including uninsured

Table 10c. Health care coverage, utilization, and access issues, ALL insured adults aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured adults, and total adults including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL %	%	95% CL %	%	95% CL %	%	95% CL %
Insurance coverage								
Medi-Cal	9.4% ^{abc}	7.4% - 11.3%	28.4%	26.1% - 30.6%	21.5%	19.8% - 23.1%	19.8%	18.3% - 21.4%
Medicare	2.5%	1.5% - 3.5%	3.8%	3.1% - 4.5%	3.3%	2.8% - 3.9%	3.1%	2.5% - 3.6%
Health care use and access								
≥ 1 ER visit in past 12 mo.	19.8%	17.2% - 22.5%	19.9%	17.9% - 21.8%	19.8%	18.3% - 21.4%	18.1%	16.5% - 19.6%
<u>Number of times saw a doctor in past 12 mo.:</u>								
≤ 1	40.5% ^a	37.2% - 43.8%	34.2%	31.8% - 36.7%	36.5%	34.6% - 38.5%	38.7%	36.8% - 40.6%
0	17.2%	14.6% - 19.9%	15.1%	13.2% - 17.0%	15.9%	14.3% - 17.4%	20.6%	19.0% - 22.2%
1	23.3%		19.1%		20.7%		31.6%	
2-3	34.6%		31.3%		32.5%		29.7%	
≥ 4	24.9% ^{abc}	22.2% - 27.6%	34.4%	32.2% - 36.7%	31.0%	29.2% - 32.7%	34.2%	32.7% - 35.7%
In past 12 mo., due to cost, delayed or did not get:								
Medical care	3.1%	1.9% - 4.4%	4.5%	3.5% - 5.5%	4.0%	3.2% - 4.8%	4.6%	3.8% - 5.4%
Rx medication	5.0%	3.4% - 6.5%	6.0%	4.9% - 7.1%	5.6%	4.7% - 6.5%	6.3%	5.3% - 7.2%
Dental care								
Has dental insurance	82.1% ^{ac}	79.6% - 84.6%	76.2%	74.1% - 78.4%	78.4%	76.7% - 80.0%	74.3%	72.6% - 76.0%
Got any dental care in past 12 mo.	82.6% ^{abc}	80.1% - 85.0%	74.9%	72.7% - 77.1%	77.7%	76.0% - 79.3%	75.3%	73.7% - 77.0%
Got routine (preventive) dental care in past 12 mo.	69.3% ^{abc}	66.2% - 72.3%	61.0%	58.5% - 63.4%	64.0%	62.1% - 65.9%	62.0%	60.2% - 63.9%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 11a. Sociodemographic characteristics of insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Age								
26-34	23.6%	19.4% - 27.8%	26.0%	22.7% - 29.3%	25.1%	22.5% - 27.7%	26.1%	23.6% - 28.5%
35-44	24.9%		27.2%		26.4%		26.5%	
45-54	27.6%		23.3%		24.8%		24.3%	
55-64	23.9%	20.5% - 27.4%	23.6%	21.0% - 26.1%	23.7%	21.7% - 25.8%	23.2%	21.2% - 25.1%
Race								
White non-Hispanic	48.2%	43.6% - 52.7%	48.2%	44.7% - 51.7%	48.2%	45.4% - 51.0%	46.4%	43.8% - 49.0%
Black	8.3%	5.6% - 11.0%	5.4%	3.7% - 7.0%	6.4%	5.0% - 7.9%	6.3%	5.0% - 7.7%
Latinx	20.7%^a	16.7% - 24.6%	26.2%	22.7% - 29.6%	24.2%	21.5% - 26.8%	26.8%	24.2% - 29.4%
Asian/Pacific Islander	21.2%	17.0% - 25.5%	19.7%	16.8% - 22.6%	20.3%	17.8% - 22.7%	19.5%	17.3% - 21.8%
Other	1.7%	0.2% - 3.1%	0.6%	0.3% - 0.9%	1.0%	0.4% - 1.5%	1.0%	0.4% - 1.5%
Education								
≤ High school graduate	25.7%	21.4% - 30.1%	29.0%	25.6% - 32.4%	27.8%	25.1% - 30.5%	30.9%	28.3% - 33.6%
<High school graduate	6.4%^{ac}	3.5% - 9.3%	13.2%	10.2% - 16.1%	10.7%	8.5% - 12.9%	13.1%	10.8% - 15.3%
High school graduate	19.3%	15.5% - 23.0%	15.8%	13.3% - 18.4%	17.1%	15.0% - 19.2%	17.9%	15.8% - 19.9%
Some college/Assoc. degree	20.3%	16.7% - 24.0%	17.8%	15.3% - 20.3%	18.7%	16.6% - 20.8%	18.3%	16.3% - 20.3%
College graduate	54.0%	49.3% - 58.6%	53.2%	49.7% - 56.7%	53.5%	50.7% - 56.3%	50.7%	48.1% - 53.4%
Work status								
Works ≥ 21 hours/week	88.3%^{abc}	85.9% - 90.7%	77.5%	74.8% - 80.2%	81.4%	79.5% - 83.4%	81.4%	79.5% - 83.2%
Works ≥1 hour/week	91.0%^{abc}	89.0% - 93.0%	83.0%	80.6% - 85.3%	85.9%	84.2% - 87.6%	86.2%	84.6% - 87.8%
Relationship status								
Married/living with partner	71.6%	67.3% - 75.9%	66.1%	62.8% - 69.4%	68.1%	65.5% - 70.7%	66.4%	63.8% - 68.9%
Household Income								
<\$35,000	9.3%^{abc}	7.0% - 11.7%	21.1%	18.3% - 23.9%	16.8%	14.8% - 18.8%	18.9%	16.8% - 21.0%
<\$25,000	5.7%^{abc}	3.9% - 7.5%	14.0%	11.7% - 16.3%	10.9%	9.3% - 12.6%	12.2%	10.5% - 13.9%
\$25,000 - <\$35,000	3.6%		7.2%		5.9%		6.7%	
\$35,000 - < \$65,000	15.5%		15.3%		15.4%		16.2%	
\$65,000 - < \$80,000	9.2%		6.3%		7.4%		7.4%	
\$80,000 - <100,000	7.9%		7.3%		7.5%		7.5%	
>\$100,000	58.0%^{abc}	53.5% - 62.6%	50.0%	46.5% - 53.6%	53.0%	50.2% - 55.8%	49.9%	47.2% - 52.6%
Median household income	\$118,676^{abc}	\$106,012 - \$131,340	\$99,506	\$93,396 - \$105,616	\$99,839	\$94,268 - \$105,411	\$98,339	\$93,043 - \$103,636

(continued)

Table 11a. Sociodemographic characteristics of insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Poverty indicators								
<200% of FPL ¹	10.7% ^{abc}	7.9% - 13.5%	24.5%	21.5% - 27.6%	19.5%	17.3% - 21.7%	21.9%	19.6% - 24.1%
0-99% of FPL	4.1%		11.9%		9.0%		9.7%	
100-199% of FPL	6.6%		12.6%		10.4%		12.2%	
200-299% of FPL	11.8%		9.5%		10.4%		10.9%	
300-399% of FPL	10.8%		9.3%		9.8%		9.8%	
≥400% of FPL ¹	66.7% ^{ac}	62.3% - 71.2%	56.6%	53.1% - 60.1%	60.3%	57.6% - 63.1%	57.4%	54.8% - 60.1%
Gets SNAP/food stamps	0.7% ^{abc}	0.2% - 1.1%	7.1%	5.2% - 8.9%	4.7%	3.5% - 5.9%	4.8%	3.7% - 6.0%
Covered by Medi-Cal	8.0% ^{abc}	5.6% - 10.4%	25.2%	22.1% - 28.3%	18.9%	16.7% - 21.2%	17.2%	15.2% - 19.3%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 11b. Health and well-being characteristics of insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Health status								
Overall health								
Fair/Poor	13.8%	10.3% - 17.2%	18.5%	15.7% - 21.2%	16.7%	14.6% - 18.9%	17.8%	15.7% - 20.0%
Good	30.7%	26.5% - 35.0%	32.3%	29.0% - 35.7%	31.7%	29.1% - 34.4%	31.9%	
Very good/excellent	55.5%	50.9% - 60.1%	49.2%	45.7% - 52.8%	51.5%	48.7% - 54.3%	50.3%	47.6% - 52.9%
Has diabetes	8.5%	5.9% - 11.0%	8.3%	6.6% - 10.0%	8.4%	7.0% - 9.8%	8.7%	7.3% - 10.2%
Has prediabetes	18.2%	14.4% - 21.9%	15.6%	13.2% - 18.0%	16.5%	14.5% - 18.6%	16.3%	14.3% - 18.3%
Has high blood pressure	25.9%	21.9% - 29.8%	27.7%	24.6% - 30.8%	27.0%	24.6% - 29.5%	25.9%	23.6% - 28.2%
Has heart disease	3.1%	1.8% - 4.5%	4.9%	3.7% - 6.1%	4.3%	3.3% - 5.2%	4.1%	3.3% - 5.0%
Has asthma	10.3%	7.2% - 13.4%	7.7%	5.9% - 9.5%	8.6%	7.0% - 10.2%	8.0%	6.6% - 9.5%
Experienced psychological distress in past 12 mo.	5.1%^a	3.4% - 6.7%	8.7%	6.7% - 10.7%	7.4%	6.0% - 8.8%	7.7%	6.3% - 9.1%
Smoking status								
Ever smoker	31.5%^c	28.5% - 34.5%	32.2%	30.0% - 34.5%	32.0%	30.2% - 33.8%	39.7%	37.0% - 42.3%
Current smoker	9.6%^c	7.7% - 11.6%	12.2%	10.6% - 13.9%	11.3%	10.0% - 12.6%	15.9%	13.8% - 17.9%
Former smoker	21.9%	19.2% - 24.5%	20.0%	18.1% - 21.9%	20.7%	19.2% - 22.2%	23.8%	21.5% - 26.1%
Never smoker	68.5%^c	65.5% - 71.5%	67.8%	65.5% - 70.0%	68.0%	66.2% - 69.8%	60.3%	57.7% - 63.0%
Weight								
Overweight/Obese	74.9%	70.9% - 78.9%	74.0%	70.9% - 77.0%	74.3%	71.9% - 76.7%	74.0%	71.7% - 76.4%
Obese	34.8%	30.1% - 39.4%	30.6%	27.3% - 33.9%	32.1%	29.4% - 34.8%	32.3%	29.7% - 34.9%
Well-being indicators								
Evaluation of life now								
Suffering	5.4%	2.3% - 8.4%	10.5%	7.2% - 13.9%	8.6%	6.2% - 11.0%	9.0%	6.6% - 11.4%
Struggling	25.1%		19.6%		21.6%		22.0%	
Thriving	69.5%	62.8% - 76.1%	69.9%	65.2% - 74.5%	69.7%	65.9% - 73.6%	69.0%	65.3% - 72.7%
Overall life evaluation								
Suffering	2.1%	0.0% - 4.7%	2.1%	0.9% - 3.4%	2.1%	0.9% - 3.4%	2.1%	0.9% - 3.2%
Struggling	35.7%		36.2%		36.0%		36.7%	
Thriving	62.2%	55.5% - 68.9%	61.6%	56.7% - 66.6%	61.9%	57.9% - 65.8%	61.2%	57.4% - 65.0%
Evaluation of financial situation								
Poor	13.4%	8.3% - 18.4%	18.7%	14.9% - 22.4%	16.7%	13.7% - 19.7%	17.9%	14.9% - 20.9%
Moderate	31.9%		25.2%		27.7%		28.2%	
Good	54.8%	48.0% - 61.5%	56.1%	51.0% - 61.2%	55.6%	51.5% - 59.7%	53.9%	50.0% - 57.8%

(continued)

Table 11b. Health and well-being characteristics of insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Social support								
Low	9.3%	5.0% - 13.6%	11.6%	8.2% - 15.1%	10.8%	8.1% - 13.5%	11.3%	8.7% - 13.8%
Fair	13.6%		18.2%		16.5%		16.8%	
High	77.1%	71.4% - 82.7%	70.2%	65.4% - 74.9%	72.7%	69.1% - 76.4%	71.9%	68.4% - 75.4%
Sense of life purpose								
Low	10.8%	6.5% - 15.0%	14.3%	10.5% - 18.0%	13.0%	10.1% - 15.8%	13.2%	10.4% - 15.9%
Good	48.4%		47.5%		47.8%		48.5%	
Very Good	40.8%	34.2% - 47.4%	38.2%	33.1% - 43.4%	39.2%	35.1% - 43.2%	38.3%	34.4% - 42.2%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 11c. Health care coverage, utilization, and access issues, insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured men, and total men including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Insurance coverage								
Medi-Cal	8.0% ^{abc}	5.6% - 10.4%	25.2%	22.1% - 28.3%	18.9%	16.7% - 21.2%	17.2%	15.2% - 19.3%
Medicare	2.0%	1.0% - 3.0%	4.1%	3.0% - 5.2%	3.3%	2.6% - 4.1%	3.0%	2.3% - 3.7%
Health care use and access								
≥ 1 ER visit in past 12 mo.	21.6%	17.7% - 25.6%	18.6%	15.9% - 21.3%	19.7%	17.5% - 21.9%	19.3%	17.2% - 21.5%
<u>Number of times saw a doctor in past 12 mo.:</u>								
≤ 1	44.1%	39.4% - 48.7%	43.3%	39.8% - 46.8%	43.6%	40.8% - 46.4%	45.8%	43.1% - 48.5%
0	20.3%	16.4% - 24.3%	20.3%	17.2% - 23.3%	20.3%	17.9% - 22.7%	22.7%	20.3% - 25.1%
1	23.8%		23.0%		23.3%		23.1%	
2-3	38.1%		27.0%		31.1%		30.1%	
≥ 4	17.8% ^{abc}	14.7% - 21.0%	29.7%	26.6% - 32.7%	25.3%	23.1% - 27.6%	24.1%	22.0% - 26.2%
In past 12 mo., due to cost, delayed or did not get:								
Medical care	2.9%	0.9% - 4.9%	3.7%	2.4% - 5.0%	3.4%	2.3% - 4.5%	3.8%	2.6% - 4.9%
Rx medication	4.3%	2.1% - 6.6%	4.3%	3.1% - 5.5%	4.3%	3.2% - 5.4%	4.7%	3.7% - 5.8%
Dental care								
Has dental insurance	84.2% ^{abc}	81.2% - 87.3%	75.9%	72.8% - 79.0%	78.9%	76.7% - 81.2%	73.9%	71.5% - 76.3%
Got any dental care in past 12 mo.	82.2% ^{abc}	79.1% - 85.3%	71.1%	67.8% - 74.4%	75.2%	72.7% - 77.6%	72.5%	70.1% - 74.9%
Got routine (preventive) dental care in past 12 mo.	68.7% ^{abc}	64.4% - 73.0%	56.4%	52.9% - 59.9%	60.9%	58.1% - 63.7%	58.5%	55.8% - 61.2%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 12a. Sociodemographic characteristics of insured WOMEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured women, and total women including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Age								
26-34	23.7%	19.4% - 28.0%	21.8%	18.8% - 24.9%	22.5%	20.0% - 25.0%	22.5%	20.1% - 24.9%
35-44	23.5%		29.1%		27.1%		27.0%	
45-54	22.7%		24.0%		23.5%		23.7%	
55-64	30.1%	26.0% - 34.2%	25.0%	22.4% - 27.7%	26.9%	24.6% - 29.1%	26.8%	24.6% - 29.0%
Race								
White non-Hispanic	44.2%	39.7% - 48.7%	44.7%	41.3% - 48.0%	44.5%	41.8% - 47.2%	43.7%	41.1% - 46.3%
Black	8.6%	5.9% - 11.4%	6.2%	4.6% - 7.8%	7.1%	5.7% - 8.5%	7.1%	5.7% - 8.5%
Latinx	20.3% ^a	16.3% - 24.2%	25.9%	22.7% - 29.1%	23.9%	21.4% - 26.4%	25.4%	22.9% - 27.9%
Asian/Pacific Islander	26.6%	21.7% - 31.4%	22.1%	18.8% - 25.3%	23.7%	21.0% - 26.4%	23.0%	20.4% - 25.6%
Other	0.3%	0.1% - 0.6%	1.2%	0.5% - 1.9%	0.9%	0.4% - 1.3%	0.8%	0.4% - 1.3%
Education								
≤ High school graduate	19.4% ^{ac}	15.1% - 23.8%	29.6%	26.2% - 33.1%	26.0%	23.3% - 28.7%	27.4%	24.7% - 30.0%
<High school graduate	5.3% ^{abc}	2.4% - 8.2%	14.1%	11.2% - 17.1%	11.0%	8.8% - 13.2%	12.1%	9.9% - 14.2%
High school graduate	14.1%	10.4% - 17.8%	15.5%	12.9% - 18.1%	15.0%	12.9% - 17.1%	15.3%	13.3% - 17.4%
Some college/Assoc. degree	20.3%	16.7% - 23.9%	19.4%	16.9% - 22.0%	19.8%	17.7% - 21.8%	20.1%	18.1% - 22.1%
College graduate	60.3% ^{ac}	55.5% - 65.0%	50.9%	47.4% - 54.4%	54.3%	51.5% - 57.1%	52.5%	49.8% - 55.2%
Work status								
Works ≥ 21 hours/week	68.1% ^{abc}	63.6% - 72.5%	56.3%	52.8% - 59.7%	60.5%	57.8% - 63.3%	59.9%	57.2% - 62.6%
Works ≥ 1 hour/week	77.5% ^{abc}	73.4% - 81.6%	66.5%	63.1% - 69.8%	70.4%	67.8% - 73.0%	70.2%	67.7% - 72.7%
Relationship status								
Married/living with partner	72.4%	68.1% - 76.6%	68.1%	65.0% - 71.3%	69.7%	67.1% - 72.2%	69.0%	66.5% - 71.4%
Household Income								
<\$35,000	12.9% ^{abc}	9.6% - 16.3%	24.5%	21.5% - 27.5%	20.3%	18.1% - 22.6%	21.1%	18.8% - 23.3%
<\$25,000	8.6% ^{abc}	5.7% - 11.5%	18.3%	15.6% - 21.0%	14.8%	12.8% - 16.8%	15.0%	13.1% - 17.0%
\$25,000 - <\$35,000	4.4%		6.2%		5.6%		6.0%	
\$35,000 - < \$65,000	19.9%		17.3%		18.2%		18.8%	
\$65,000 - < \$80,000	8.3%		5.5%		6.5%		6.7%	
\$80,000 - <100,000	11.9%		5.9%		8.1%		7.9%	
>\$100,000	47.0%	42.3% - 51.7%	46.8%	43.3% - 50.3%	46.9%	44.1% - 49.7%	45.6%	42.9% - 48.3%
Median household income	\$89,445	\$80,181 - \$98,709	\$84,693	\$73,153 - \$96,233	\$89,140	\$81,530 - \$96,750	\$84,061	\$78,803 - \$89,318

(continued)

Table 12a. Sociodemographic characteristics of insured WOMEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured women, and total women including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Poverty indicators								
<200% of FPL ¹	16.9% ^{abc}	13.1% - 20.6%	30.6%	27.3% - 33.8%	25.6%	23.1% - 28.2%	26.9%	24.5% - 29.4%
0-99% of FPL	6.6%		16.4%		12.9%		13.3%	11.5% - 15.2%
100-199% of FPL	10.3%		14.2%		12.8%		13.6%	11.6% - 15.6%
200-299% of FPL	16.1%		10.6%		12.5%		12.6%	10.7% - 14.4%
300-399% of FPL	12.1%		7.7%		9.3%		9.3%	7.7% - 10.8%
≥400% of FPL ¹	54.9%	50.1% - 59.7%	51.1%	47.7% - 54.6%	52.5%	49.7% - 55.3%	51.3%	48.5% - 54.0%
Gets SNAP/food stamps	1.8% ^{abc}	0.8% - 2.9%	13.5%	10.9% - 16.1%	9.3%	7.6% - 11.1%	8.9%	7.2% - 10.6%
Covered by Medi-Cal	10.7% ^{abc}	7.6% - 13.8%	31.4%	28.1% - 34.7%	23.9%	21.5% - 26.4%	22.4%	20.1% - 24.7%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 12b. Health and well-being characteristics of insured WOMEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured women, and total women including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Health Status								
Overall health								
Fair/Poor	12.7% ^a	9.4% - 16.1%	20.2%	17.4% - 23.1%	17.5%	15.3% - 19.7%	17.7%	15.6% - 19.8%
Good	28.7%		30.5%		29.8%		29.7%	
Very good/excellent	58.6% ^a	53.9% - 63.3%	49.3%	45.8% - 52.8%	52.6%	49.8% - 55.4%	52.6%	49.9% - 55.4%
Has diabetes	6.0%	3.8% - 8.1%	8.0%	6.1% - 9.9%	7.3%	5.9% - 8.7%	7.3%	5.9% - 8.6%
Has prediabetes	14.0%	10.7% - 17.2%	12.5%	10.3% - 14.8%	13.0%	11.2% - 14.9%	13.0%	11.2% - 14.8%
Has high blood pressure	20.5%	16.9% - 24.2%	24.4%	21.5% - 27.3%	23.0%	20.7% - 25.3%	22.7%	20.5% - 24.9%
Has heart disease	2.2%	1.0% - 3.4%	3.9%	2.7% - 5.0%	3.3%	2.4% - 4.2%	3.6%	2.6% - 4.6%
Has asthma	12.7%	9.6% - 15.7%	13.4%	11.2% - 15.7%	13.2%	11.3% - 15.0%	13.2%	11.4% - 14.9%
Experienced psychological distress in past 12 mo.	11.7%	8.4% - 15.1%	11.2%	9.1% - 13.4%	11.4%	9.6% - 13.2%	11.5%	9.8% - 13.3%
Smoking status								
Ever smoker	27.8%	23.8% - 31.8%	24.7%	21.9% - 27.6%	25.8%	23.5% - 28.1%	25.7%	23.5% - 27.9%
Current smoker	6.7%	4.7% - 8.8%	8.4%	6.5% - 10.3%	7.8%	6.3% - 9.2%	7.7%	6.4% - 9.1%
Former smoker	21.1%	17.5% - 24.7%	16.4%	14.1% - 18.7%	18.0%	16.1% - 20.0%	18.0%	16.1% - 19.9%
Never smoker	72.2%	68.2% - 76.2%	75.2%	72.4% - 78.1%	74.2%	71.9% - 76.5%	74.3%	72.1% - 76.5%
Weight								
Overweight/Obese	57.9%	53.2% - 62.5%	56.8%	53.4% - 60.3%	57.2%	54.4% - 60.0%	57.1%	54.5% - 59.8%
Obese	29.7%	25.3% - 34.2%	28.7%	25.4% - 31.9%	29.0%	26.4% - 31.7%	28.7%	26.2% - 31.3%
Well-being indicators								
Evaluation of life now								
Suffering	6.0%	2.3% - 9.6%	8.5%	5.6% - 11.3%	7.6%	5.3% - 9.8%	7.9%	5.7% - 10.1%
Struggling	19.8%		20.7%		20.4%		20.6%	
Thriving	74.2%	67.7% - 80.7%	70.8%	66.0% - 75.6%	72.0%	68.1% - 75.8%	71.6%	67.8% - 75.3%
Overall life evaluation								
Suffering	0.8%	0.1% - 1.5%	2.1%	0.8% - 3.5%	1.7%	0.8% - 2.6%	1.7%	0.8% - 2.5%
Struggling	32.0%		37.0%		35.2%		35.4%	
Thriving	67.2%	60.5% - 73.9%	60.9%	55.8% - 66.0%	63.1%	59.1% - 67.2%	62.9%	59.0% - 66.8%
Evaluation of financial situation								
Poor	10.8% ^a	6.8% - 14.9%	20.0%	15.9% - 24.2%	16.8%	13.7% - 19.8%	17.9%	14.9% - 20.9%
Moderate	31.7%		32.5%		32.2%		32.3%	
Good	57.5%	50.7% - 64.3%	47.4%	42.3% - 52.6%	51.0%	46.9% - 55.1%	49.8%	45.8% - 53.8%

(continued)

Table 12b. Health and well-being characteristics of insured WOMEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, total insured women, and total women including uninsured in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Social support								
Low	8.5%	3.5% - 13.5%	7.1%	4.8% - 9.5%	7.6%	5.3% - 10.0%	8.3%	6.0% - 10.7%
Fair	15.0%		19.1%		17.6%		18.3%	
High	76.6%	70.3% - 82.8%	73.8%	69.5% - 78.1%	74.8%	71.2% - 78.3%	73.4%	69.9% - 76.9%
Sense of life purpose								
Low	8.8%	5.6% - 12.1%	11.2%	8.2% - 14.1%	10.3%	8.1% - 12.6%	10.2%	8.1% - 12.4%
Good	48.2%		50.8%		49.9%		50.5%	
Very Good	43.0%	36.4% - 49.6%	38.0%	33.0% - 43.1%	39.8%	35.8% - 43.8%	39.2%	35.4% - 43.1%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different ($p < .05$) from Non-KP insured NCAL adults

^b Significantly different ($p < .05$) from Total insured NCAL adults

^c Significantly different ($p < .05$) from Total NCAL adults including uninsured

Table 12c. Health care coverage, utilization, and access issues, insured WOMEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured women in KP's Northern California (NCAL) service area

	KP NCAL Members		Non-KP Insured in NCAL		Total Insured in NCAL		Total in NCAL (including uninsured)	
	%	95% CL	%	95% CL	%	95% CL	%	95% CL
Insurance coverage								
Medi-Cal	10.7% ^{abc}	7.6% - 13.8%	31.4%	28.1% - 34.7%	23.9%	21.5% - 26.4%	22.8%	20.8% - 24.8%
Medicare	3.1%	1.4% - 4.8%	3.4%	2.6% - 4.3%	3.3%	2.5% - 4.2%	3.1%	2.3% - 3.9%
Health care use and access								
≥ 1 ER visit in past 12 mo.	18.0%	14.5% - 21.6%	21.1%	18.3% - 23.9%	20.0%	17.8% - 22.2%	19.9%	17.8% - 22.1%
<u>Number of times saw a doctor in past 12 mo.:</u>								
≤ 1	37.0% ^a	32.3% - 41.8%	25.5%	22.4% - 28.6%	29.7%	27.0% - 32.3%	31.6%	29.0% - 34.2%
0	14.2%	10.7% - 17.6%	10.1%	7.9% - 12.4%	11.6%	9.7% - 13.5%	13.4%	11.5% - 15.4%
1	22.9%		15.4%		18.1%		18.2%	
2-3	31.1%		35.5%		33.9%		33.1%	
≥ 4	31.9%	27.6% - 36.1%	39.0%	35.7% - 42.3%	36.4%	33.8% - 39.0%	35.3%	32.8% - 37.8%
In past 12 mo., due to cost, delayed or did not get:								
Medical care	3.3%	1.9% - 4.8%	5.4%	3.9% - 6.8%	4.6%	3.5% - 5.7%	5.4%	4.2% - 6.7%
Rx medication	5.6%	3.5% - 7.7%	7.5%	5.7% - 9.3%	6.8%	5.5% - 8.2%	7.8%	6.3% - 9.3%
Dental care								
Has dental insurance	80.0%	76.1% - 83.9%	76.6%	73.5% - 79.6%	77.8%	75.4% - 80.2%	74.7%	72.2% - 77.1%
Got any dental care in past 12 mo.	82.9%	79.2% - 86.7%	78.5%	75.6% - 81.4%	80.1%	77.8% - 82.4%	78.2%	75.9% - 80.4%
Got routine (preventive) dental care in past 12 mo.	69.9%	65.5% - 74.3%	65.4%	62.1% - 68.6%	67.0%	64.4% - 69.6%	65.6%	63.0% - 68.1%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults

^b Significantly different (p<.05) from Total insured NCAL adults

^c Significantly different (p<.05) from Total NCAL adults including uninsured

Table 13a. Sociodemographic characteristics of ALL non-Medi-Cal insured adults aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured adults in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Age						
26-34	23.1%	20.0% - 26.2%	21.9%	19.3% - 24.4%	22.4%	20.4% - 24.3%
35-44	24.4%		27.9%		26.4%	
45-54	25.2%		25.0%		25.1%	
55-64	27.4%	24.6% - 30.2%	25.2%	23.1% - 27.4%	26.1%	24.4% - 27.8%
Race						
White non-Hispanic	48.1%^a	44.7% - 51.5%	53.6%	50.7% - 56.5%	51.3%	49.1% - 53.5%
Black	7.6%^a	5.7% - 9.4%	4.1%	3.0% - 5.2%	5.6%	4.5% - 6.6%
Latinx	19.1%	16.2% - 21.9%	18.9%	16.4% - 21.4%	19.0%	17.1% - 20.8%
Asian/Pacific Islander	24.2%	20.8% - 27.7%	22.9%	20.3% - 25.5%	23.5%	21.4% - 25.6%
Other	1.0%	0.2% - 1.8%	0.4%	0.2% - 0.6%	0.7%	0.3% - 1.0%
Education						
≤ High school graduate	20.4%	17.3% - 23.6%	17.4%	14.9% - 19.8%	18.6%	16.7% - 20.6%
<High school graduate	4.1%	2.2% - 6.0%	5.1%	3.4% - 6.9%	4.7%	3.4% - 6.0%
High school graduate	16.3%	13.5% - 19.1%	12.2%	10.3% - 14.2%	13.9%	12.3% - 15.5%
Some college/Assoc. degree	19.5%	16.9% - 22.2%	16.6%	14.7% - 18.6%	17.8%	16.3% - 19.4%
College graduate	60.0%^a	56.6% - 63.5%	66.0%	63.2% - 68.8%	63.5%	61.3% - 65.7%
Work status						
Works ≥ 21 hours/week	80.7%	78.0% - 83.3%	77.4%	75.1% - 79.8%	78.8%	77.0% - 80.5%
Works ≥1 hour/week	85.9%	83.5% - 88.3%	83.2%	81.2% - 85.3%	84.3%	82.8% - 85.9%
Married/living with partner	74.5%	71.4% - 77.6%	75.7%	73.3% - 78.1%	75.2%	73.3% - 77.1%
Household Income						
<\$35,000	7.4%	5.6% - 9.2%	6.9%	5.6% - 8.3%	7.1%	6.0% - 8.2%
<\$25,000	4.2%	2.7% - 5.6%	4.1%	3.1% - 5.2%	4.1%	3.3% - 5.0%
\$25,000 - <\$35,000	3.2%		2.8%		3.0%	
\$35,000 - < \$65,000	17.5%		12.7%		14.7%	
\$65,000 - < \$80,000	8.5%		6.9%		7.6%	
\$80,000 - <100,000	10.8%		8.2%		9.3%	
>\$100,000	55.7%^a	52.2% - 59.2%	65.3%	62.6% - 68.0%	61.3%	59.1% - 63.4%
Median household income	\$109,077	\$99,313 - \$118,842	\$126,543	\$117,162 - \$135,924	\$119,318	\$114,375 - \$124,261
Poverty indicators						
<200% of FPL ¹	10.4%	8.2% - 12.6%	9.4%	7.7% - 11.0%	9.8%	8.5% - 11.1%
0-99% of FPL	3.1%		3.6%		3.4%	
100-199% of FPL	7.3%		5.8%		6.4%	
200-299% of FPL	12.3%		8.1%		9.9%	
300-399% of FPL	12.3%		10.3%		11.1%	
≥400% of FPL ¹	65.0%^a	61.6% - 68.5%	72.2%	69.6% - 74.7%	69.2%	67.1% - 71.3%
Gets SNAP/food stamps	0.2%	0.0% - 0.4%	0.6%	0.2% - 0.9%	0.4%	0.2% - 0.6%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

13b. Health and well-being characteristics of ALL non-Medi-Cal insured adults aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured adults in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health status						
Overall health						
Fair/Poor	11.6%	9.1% - 14.0%	13.0%	10.9% - 15.1%	12.4%	10.8% - 14.0%
Good	29.8%		29.0%		29.3%	
Very good/excellent	58.6%	55.1% - 62.1%	58.0%	55.2% - 60.9%	58.3%	56.1% - 60.5%
Has diabetes	6.7%	5.0% - 8.3%	6.0%	4.8% - 7.2%	6.3%	5.3% - 7.3%
Has prediabetes	15.4%	12.8% - 18.0%	13.3%	11.4% - 15.2%	14.2%	12.6% - 15.7%
Has high blood pressure	23.2%	20.4% - 26.1%	23.3%	20.9% - 25.7%	23.3%	21.5% - 25.1%
Has heart disease	2.5%	1.5% - 3.5%	3.2%	2.4% - 3.9%	2.9%	2.3% - 3.5%
Has asthma	11.4%	9.2% - 13.7%	9.2%	7.5% - 10.8%	10.1%	8.8% - 11.4%
Experienced psychological distress in past 12 mo.	7.7%	5.8% - 9.7%	7.2%	5.7% - 8.7%	7.4%	6.2% - 8.6%
Smoking status						
Ever smoker	29.8%	26.7% - 32.9%	28.9%	26.4% - 31.5%	29.3%	27.3% - 31.3%
Current smoker	8.6%	6.6% - 10.7%	8.1%	6.4% - 9.8%	8.3%	7.0% - 9.6%
Former smoker	21.2%	18.5% - 23.9%	20.8%	18.6% - 23.1%	21.0%	19.3% - 22.7%
Never smoker	70.2%	67.1% - 73.3%	71.1%	68.5% - 73.6%	70.7%	68.7% - 72.7%
Weight						
Overweight/Obese	66.2%	63.0% - 69.5%	63.1%	60.3% - 65.8%	64.4%	62.3% - 66.5%
Obese	32.1%	28.7% - 35.5%	26.4%	23.8% - 29.0%	28.8%	26.7% - 30.9%
Well-being indicators						
Evaluation of life now						
Suffering	5.0%	2.5% - 7.5%	5.1%	3.0% - 7.1%	5.0%	3.4% - 6.6%
Struggling	21.0%		17.8%		19.1%	
Thriving	74.0%	69.1% - 78.9%	77.1%	73.5% - 80.8%	75.8%	72.9% - 78.8%
Overall life evaluation						
Suffering	1.3%	0.0% - 2.8%	1.0%	0.2% - 1.9%	1.1%	0.4% - 1.9%
Struggling	32.0%		31.2%		31.5%	
Thriving	66.7%	61.7% - 71.7%	67.8%	63.8% - 71.8%	67.3%	64.2% - 70.5%
Evaluation of financial situation						
Poor	9.5%	6.3% - 12.6%	10.8%	8.2% - 13.4%	10.2%	8.2% - 12.2%
Moderate	32.3%		28.0%		29.8%	
Good	58.2%	53.2% - 63.3%	61.2%	57.0% - 65.4%	60.0%	56.7% - 63.2%
Social support						
Low	7.7%	4.2% - 11.2%	7.4%	5.0% - 9.7%	7.5%	5.5% - 9.5%
Fair	14.9%		16.5%		15.8%	
High	77.4%	73.0% - 81.9%	76.2%	72.6% - 79.7%	76.7%	73.9% - 79.5%
Sense of life purpose						
Low	9.2%	6.4% - 12.1%	9.8%	7.2% - 12.5%	9.6%	7.6% - 11.5%
Good	47.7%		48.7%		48.3%	
Very Good	43.1%	38.1% - 48.0%	41.5%	37.2% - 45.8%	42.2%	38.9% - 45.4%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 13c. Health care utilization and access issues, ALL non-Medi-Cal insured adults aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured adults in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health care use and access						
≥ 1 ER visit in past 12 mo.	18.3%	15.5% - 21.0%	15.9%	13.8% - 18.0%	16.9%	15.2% - 18.6%
<u>Number of times saw a doctor in past 12 mo.:</u>						
≤ 1	41.2%^a	37.7% - 44.7%	35.2%	32.4% - 38.0%	37.7%	35.5% - 39.9%
0	17.1%	14.4% - 19.8%	14.1%	12.0% - 16.3%	15.4%	13.7% - 17.1%
1	24.1%		21.1%		22.3%	
2-3	35.1%		31.9%		33.2%	
≥ 4	23.7%^{ab}	20.9% - 26.5%	32.9%	30.3% - 35.5%	29.0%	27.1% - 31.0%
In past 12 mo., due to cost, delayed or did not get:						
Medical care	2.3%	1.2% - 3.4%	3.8%	2.7% - 4.9%	3.2%	2.4% - 4.0%
Rx medication	4.2%	2.7% - 5.7%	5.0%	3.8% - 6.2%	4.7%	3.8% - 5.6%
Dental care						
Has dental insurance	84.9%	82.5% - 87.3%	84.4%	82.3% - 86.5%	84.6%	83.0% - 86.2%
Got any dental care in past 12 mo.	85.0%^a	82.7% - 87.3%	81.7%	79.4% - 83.9%	83.0%	81.4% - 84.7%
Got routine (preventive) dental care in past 12 mo.	72.8%	69.7% - 75.8%	69.5%	66.8% - 72.1%	70.8%	68.8% - 72.9%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 14a. Sociodemographic characteristics of non-Medi-Cal insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured men in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Age						
26-34	23.6%	19.2% - 28.0%	24.8%	21.0% - 28.6%	24.3%	21.4% - 27.2%
35-44	25.1%		28.1%		26.8%	
45-54	27.1%		23.7%		25.1%	
55-64	24.2%	20.6% - 27.9%	23.4%	20.5% - 26.3%	23.8%	21.5% - 26.0%
Race						
White non-Hispanic	49.6%	44.8% - 54.4%	53.1%	49.1% - 57.2%	51.7%	48.6% - 54.8%
Black	7.4% ^a	4.8% - 10.1%	3.6%	2.0% - 5.2%	5.2%	3.8% - 6.7%
Latinx	19.2%	15.2% - 23.2%	20.7%	17.0% - 24.4%	20.1%	17.3% - 22.8%
Asian/Pacific Islander	22.0%	17.5% - 26.5%	22.3%	18.7% - 25.8%	22.2%	19.4% - 24.9%
Other	1.8%	0.2% - 3.3%	0.3%	0.1% - 0.5%	0.9%	0.2% - 1.6%
Education						
≤ High school graduate	23.8%	19.3% - 28.2%	19.3%	15.8% - 22.7%	21.1%	18.4% - 23.9%
<High school graduate	4.3%	1.6% - 6.9%	6.0%	3.5% - 8.5%	5.3%	3.4% - 7.1%
High school graduate	19.5%	15.5% - 23.5%	13.3%	10.5% - 16.1%	15.9%	13.5% - 18.2%
Some college/Assoc. degree	20.4%	16.6% - 24.2%	15.3%	12.6% - 17.9%	17.4%	15.2% - 19.6%
College graduate	55.8% ^a	51.0% - 60.7%	65.5%	61.6% - 69.4%	61.5%	58.4% - 64.5%
Work status						
Works ≥ 21 hours/week	90.0%	87.7% - 92.4%	86.4%	83.9% - 88.9%	87.9%	86.2% - 89.6%
Works ≥1 hour/week	92.3%	90.3% - 94.3%	90.1%	88.1% - 92.1%	91.0%	89.6% - 92.5%
Relationship status						
Married/living with partner	73.9%	69.6% - 78.3%	73.5%	69.9% - 77.1%	73.7%	70.9% - 76.4%
Household Income						
<\$35,000	5.9%	4.0% - 7.8%	7.3%	5.5% - 9.1%	6.7%	5.4% - 8.1%
<\$25,000	3.3%	2.0% - 4.7%	4.4%	3.0% - 5.8%	4.0%	2.9% - 5.0%
\$25,000 - <\$35,000	2.6%		2.9%		2.8%	
\$35,000 - < \$65,000	15.0%		12.3%		13.4%	
\$65,000 - < \$80,000	9.2%		7.4%		8.1%	
\$80,000 - <100,000	8.5%		8.5%		8.5%	
>\$100,000	61.4%	56.7% - 66.2%	64.6%	60.7% - 68.4%	63.3%	60.3% - 66.3%
Median household income	\$120,164	\$107,740 - \$132,587	\$129,139	\$114,696 - \$143,582	\$124,871	\$118,621 - \$131,121
Poverty indicators						
<200% of FPL ¹	8.3%	5.6% - 10.9%	8.8%	6.7% - 10.9%	8.6%	6.9% - 10.2%
0-99% of FPL	2.6%		3.4%		3.1%	
100-199% of FPL	5.7%		5.4%		5.5%	
200-299% of FPL	9.4%		7.9%		8.5%	
300-399% of FPL	11.4%		10.2%		10.7%	
≥400% of FPL ¹	70.9%	66.4% - 75.4%	73.1%	69.5% - 76.6%	72.2%	69.4% - 75.0%
Gets SNAP/food stamps	0.1%	<0.1% - 0.3%	0.4%	0.0% - 0.8%	0.3%	0.1% - 0.5%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 14b. Health and well-being characteristics of non-Medi-Cal insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured men in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health Status						
Overall health						
Fair/Poor	11.8%	8.3% - 15.3%	12.6%	9.9% - 15.3%	12.3%	10.1% - 14.4%
Good	30.8%		30.9%		30.8%	
Very good/excellent	57.4%	52.5% - 62.2%	56.5%	52.5% - 60.5%	56.9%	53.8% - 60.0%
Has diabetes	7.8%	5.1% - 10.4%	6.3%	4.8% - 7.8%	6.9%	5.5% - 8.3%
Has prediabetes	18.1%	14.1% - 22.1%	16.2%	13.3% - 19.1%	17.0%	14.6% - 19.4%
Has high blood pressure	25.9%	21.7% - 30.0%	25.7%	22.2% - 29.1%	25.7%	23.1% - 28.4%
Has heart disease	3.1%	1.6% - 4.5%	3.6%	2.4% - 4.7%	3.3%	2.4% - 4.3%
Has asthma	11.0%	7.7% - 14.2%	6.9%	4.9% - 8.9%	8.6%	6.8% - 10.4%
Experienced psychological distress in past 12 mo.	4.9%	3.1% - 6.6%	5.8%	3.9% - 7.8%	5.4%	4.1% - 6.8%
Smoking status						
Ever smoker	33.1%	28.5% - 37.7%	35.8%	31.9% - 39.7%	34.7%	31.7% - 37.7%
Current smoker	10.7%	7.4% - 14.0%	11.9%	9.0% - 14.8%	11.4%	9.2% - 13.6%
Former smoker	22.4%	18.4% - 26.4%	23.9%	20.5% - 27.3%	23.3%	20.7% - 25.8%
Never smoker	66.9%	62.3% - 71.5%	64.2%	60.3% - 68.1%	65.3%	62.3% - 68.3%
Weight status						
Overweight/Obese	75.6%	71.4% - 79.7%	74.5%	71.0% - 77.9%	74.9%	72.3% - 77.6%
Obese	35.4%	30.5% - 40.3%	29.3%	25.5% - 33.0%	31.8%	28.8% - 34.8%
Well-being indicators						
Evaluation of life now						
Suffering	5.0%	1.7% - 8.2%	5.4%	2.5% - 8.3%	5.2%	3.0% - 7.4%
Struggling	23.8%		18.2%		20.5%	
Thriving	71.2%	64.2% - 78.2%	76.4%	71.3% - 81.4%	74.3%	70.1% - 78.4%
Overall life evaluation						
Suffering	2.1%	0.0% - 4.9%	0.6%	0.1% - 1.1%	1.2%	0.0% - 2.4%
Struggling	34.6%		31.9%		33.0%	
Thriving	63.3%	56.3% - 70.4%	67.5%	62.0% - 72.9%	65.8%	61.4% - 70.1%
Evaluation of financial situation						
Poor	12.3%	6.9% - 17.7%	11.0%	7.3% - 14.7%	11.5%	8.4% - 14.7%
Moderate	31.6%		25.0%		27.7%	
Good	56.2%	49.1% - 63.3%	64.0%	58.4% - 69.6%	60.7%	56.3% - 65.2%
Social support						
Low	8.0%	3.6% - 12.4%	10.2%	6.2% - 14.3%	9.3%	6.3% - 12.3%
Fair	13.9%		16.2%		15.2%	
High	78.1%	72.3% - 84.0%	73.5%	68.3% - 78.8%	75.4%	71.5% - 79.4%
Sense of life purpose						
Low	11.1%	6.5% - 15.7%	12.4%	8.1% - 16.8%	11.9%	8.7% - 15.1%
Good	47.7%		46.7%		47.1%	
Very Good	41.2%	34.3% - 48.1%	40.9%	35.0% - 46.8%	41.0%	36.5% - 45.5%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 14c. Health care utilization and access issues, non-Medi-Cal insured MEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured men in KP's Northern California service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health care use and access						
≥ 1 ER visit in past 12 mo.	19.7% ^a	15.7% - 23.7%	13.8%	11.1% - 16.5%	16.3%	14.0% - 18.6%
<u>Number of times saw a doctor in past 12 mo.:</u>						
≤ 1	44.6%	39.8% - 49.5%	44.2%	40.2% - 48.2%	44.6%	39.8% - 49.5%
0	20.4%	16.2% - 24.5%	19.0%	15.7% - 22.4%	19.6%	17.0% - 22.2%
1	24.3%		25.1%		24.8%	
2-3	38.8%		28.8%		32.9%	
≥ 4	16.6% ^{ab}	13.4% - 19.9%	27.0%	23.7% - 30.3%	22.7%	20.3% - 25.1%
In past 12 mo., due to cost, delayed or did not get:						
Medical care	1.8%	0.1% - 3.4%	2.9%	1.4% - 4.5%	2.4%	1.3% - 3.6%
Rx medication	3.2%	1.2% - 5.3%	3.6%	2.3% - 4.8%	3.4%	2.3% - 4.6%
Dental care						
Has dental insurance	86.8%	83.9% - 89.6%	83.1%	80.1% - 86.2%	84.6%	82.5% - 86.8%
Got any dental care in past 12 mo.	83.8% ^a	80.7% - 86.8%	77.9%	74.4% - 81.3%	80.3%	77.9% - 82.7%
Got routine (preventive) dental care in past 12 mo.	71.0% ^a	66.6% - 75.4%	65.0%	61.1% - 68.9%	67.5%	64.5% - 70.4%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 15a. Sociodemographic characteristics of non-Medi-Cal insured WOMEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured women in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Age						
26-34	22.6%	18.2% -27.0%	18.8%	15.4% -22.2%	20.4%	17.7% -23.1%
35-44	23.6%		27.6%		25.9%	
45-54	23.2%		26.4%		25.1%	
55-64	30.6%	26.2% -35.0%	27.2%	24.0% -30.4%	28.6%	26.0% -31.2%
Race						
White non-Hispanic	46.6% ^a	41.8% - 51.5%	54.2%	50.0% - 58.4%	51.0%	47.9% - 54.2%
Black	7.7% ^a	5.0% - 10.3%	4.6%	3.0% - 6.2%	5.9%	4.5% - 7.4%
Latinx	18.9%	14.9% - 22.9%	17.1%	13.7% - 20.4%	17.8%	15.3% - 20.4%
Asian/Pacific Islander	26.5%	21.4% - 31.7%	23.6%	19.6% - 27.5%	24.8%	21.7% - 28.0%
Other	0.3%	0.0% - 0.5%	0.5%	0.3% - 0.8%	0.4%	0.2% - 0.6%
Education						
≤ High school graduate	17.0%	12.6% - 21.4%	15.4%	11.9% - 18.8%	16.1%	13.3% - 18.8%
<High school graduate	4.0%	1.3% - 6.7%	4.3%	1.9% - 6.7%	4.2%	2.4% - 6.0%
High school graduate	13.0%	9.2% - 16.8%	11.1%	8.4% - 13.9%	11.9%	9.6% - 14.2%
Some college/Assoc. degree	18.7%	15.0% - 22.3%	18.1%	15.2% - 20.9%	18.3%	16.1% - 20.6%
College graduate	64.3%	59.4% - 69.3%	66.6%	62.6% - 70.5%	65.6%	62.5% - 68.7%
Work status						
Works ≥ 21 hours/week	71.1%	66.6% - 75.6%	68.1%	64.3% - 71.9%	69.3%	66.4% - 72.2%
Works ≥1 hour/week	79.4%	75.2% - 83.5%	76.0%	72.5% - 79.5%	77.4%	74.7% - 80.1%
Relationship status						
Married/living with partner	75.1%	70.7% - 79.4%	78.0%	74.8% - 81.2%	76.7%	74.1% - 79.3%
Household Income						
<\$35,000	8.9%	5.9% - 11.9%	6.5%	4.5% - 8.6%	7.5%	5.8% - 9.3%
< \$25,000	5.0%	2.5% - 7.5%	3.8%	2.3% - 5.3%	4.3%	2.9% - 5.7%
\$25,000 - <\$35,000	3.9%		2.7%		3.2%	
\$35,000 - < \$65,000	20.1%		13.2%		16.1%	
\$65,000 - < \$80,000	7.9%		6.3%		7.0%	
\$80,000 - <100,000	13.3%		8.0%		10.2%	
>\$100,000	49.8% ^{ab}	44.9% - 54.8%	66.0%	62.3% - 69.7%	59.2%	56.1% - 62.3%
Median household income	\$97,618^a	\$86,565 - \$108,670	\$119,748	\$111,796 - \$127,700	\$109,845	\$103,431 - \$116,260
Poverty indicators						
<200% of FPL ¹	12.6%	9.0% - 16.1%	10.0%	7.4% - 12.6%	11.1%	8.9% - 13.2%
0-99% of FPL	3.5%		3.8%		3.7%	
100-199% of FPL	9.1%		6.1%		7.4%	
200-299% of FPL	15.3%		8.3%		11.2%	
300-399% of FPL	13.1%		10.5%		11.6%	
≥400% of FPL ¹	59.0% ^a	54.0% - 64.1%	71.2%	67.6% - 74.9%	66.1%	63.0% - 69.2%
Gets SNAP/food stamps	0.3%	0.0% - 0.6%	0.7%	0.2% - 1.3%	0.5%	0.2% - 0.9%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ <400% of FPL is the upper limit for qualifying for government subsidies to get health insurance through California's health insurance exchange; <138% of FPL qualifies adults to be covered by Medi-Cal, California's Medicaid program.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 15b. Health and well-being characteristics of non-Medi-Cal insured WOMEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured women in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health status						
Overall health						
Fair/Poor	11.3%	7.8% - 14.8%	13.4%	10.3% - 16.6%	12.5%	10.2% - 14.9%
Good	28.8%		27.0%		27.8%	
Very good/excellent	59.9%	54.9% - 64.8%	59.6%	55.5% - 63.7%	59.7%	56.6% - 62.9%
Has diabetes	5.5%	3.5% - 7.6%	5.7%	3.8% - 7.6%	5.6%	4.2% - 7.0%
Has prediabetes	12.7%	9.5% - 15.9%	10.3%	7.8% - 12.7%	11.3%	9.3% - 13.2%
Has high blood pressure	20.5%	16.7% - 24.3%	20.9%	17.6% - 24.2%	20.7%	18.2% - 23.2%
Has heart disease	2.0%	0.7% - 3.2%	2.7%	1.8% - 3.7%	2.4%	1.6% - 3.2%
Has asthma	11.9%	8.8% - 15.0%	11.5%	8.9% - 14.2%	11.7%	9.7% - 13.7%
Experienced psychological distress in past 12 mo.	10.7%	7.2% - 14.1%	8.6%	6.3% - 11.0%	9.5%	7.5% - 11.5%
Smoking status						
Ever smoker	26.5%	22.5% - 30.5%	21.7%	18.6% - 24.9%	23.7%	21.3% - 26.2%
Current smoker	6.5%	4.3% - 8.7%	4.1%	2.6% - 5.6%	5.1%	3.9% - 6.4%
Former smoker	19.9%	16.4% - 23.5%	17.6%	14.8% - 20.5%	18.6%	16.4% - 20.8%
Never smoker	73.5%	69.5% - 77.5%	78.3%	75.1% - 81.4%	76.3%	73.8% - 78.7%
Weight						
Overweight/Obese	56.7%	51.7% - 61.6%	51.0%	46.9% - 55.1%	53.4%	50.2% - 56.5%
Obese	28.7%	24.0% - 33.3%	23.3%	19.6% - 27.0%	25.6%	22.7% - 28.4%
Well-being indicators						
Evaluation of life now						
Suffering	5.0%	1.2% - 8.9%	4.7%	1.8% - 7.6%	4.8%	2.5% - 7.2%
Struggling	18.0%		17.4%		17.7%	
Thriving	76.9%	70.2% - 83.7%	77.9%	72.6% - 83.2%	77.5%	73.3% - 81.7%
Overall life evaluation						
Suffering	0.5%	0.0% - 1.0%	1.5%	0.0% - 3.1%	1.1%	0.1% - 2.0%
Struggling	29.3%		30.4%		30.0%	
Thriving	70.2%	63.2% - 77.2%	68.1%	62.2% - 74.0%	69.0%	64.5% - 73.5%
Evaluation of financial situation						
Poor	6.6%	3.6% - 9.5%	10.5%	7.0% - 14.1%	8.9%	6.5% - 11.3%
Moderate	33.1%		31.1%		31.9%	
Good	60.4%	53.2% - 67.5%	58.3%	52.2% - 64.5%	59.2%	54.5% - 63.8%
Social support						
Low	7.4%	2.0% - 12.8%	4.4%	2.3% - 6.5%	5.6%	3.0% - 8.2%
Fair	15.9%		16.7%		16.4%	
High	76.7%	70.0% - 83.4%	78.9%	74.2% - 83.6%	78.0%	74.0% - 81.9%
Sense of life purpose						
Low	7.3%	4.1% - 10.4%	7.1%	4.2% - 9.9%	7.2%	5.0% - 9.3%
Good	47.7%		50.8%		49.5%	
Very Good	45.0%	38.0% - 52.1%	42.2%	36.0% - 48.3%	43.3%	38.7% - 48.0%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

¹ Overweight/obese: ≥ 23.0 for Asians, ≥ 25.0 for other races; Obese: ≥ 27.5 for Asians, ≥ 30.0 for other races.

² Percentages and 95% confidence limits (CL) estimated from weighted data 2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Table 15c. Health care utilization and access issues, non-Medi-Cal insured WOMEN aged 26-64 who are covered by Kaiser Permanente (KP), by another health plan/insurer, and total insured women in KP's Northern California (NCAL) service area who are not covered through Medi-Cal

	KP NCAL Members (not through Medi-Cal)		Non-KP Insured in NCAL (not through Medi-Cal)		Total Insured in NCAL (not through Medi-Cal)	
	%	95% CL	%	95% CL	%	95% CL
Health care use and access						
≥ 1 ER visit in past 12 mo.	16.8%	13.0% 20.5%	18.0%	14.8% - 21.2%	17.5%	15.1% - 19.9%
<u>Number of times saw a doctor in past 12 mo.:</u>						
≤ 1	37.7%^a	32.7% - 42.7%	25.8%	22.1% - 29.6%	30.8%	27.8% - 33.9%
0	13.8%	10.3% 17.2%	9.0%	6.4% - 11.6%	11.0%	8.9% - 13.1%
1	24.0%		16.8%		19.8%	
2-3	31.3%		35.1%		33.5%	
≥ 4	31.0%^a	26.5% 35.4%	39.1%	35.1% - 43.0%	35.6%	32.7% - 38.6%
In past 12 mo., due to cost, delayed or did not get:						
Medical care	2.9%	1.4% - 4.3%	4.7%	3.0% - 6.3%	3.9%	2.8% - 5.0%
Rx medication	5.2%	3.0% - 7.4%	6.5%	4.5% - 8.6%	6.0%	4.5% - 7.5%
Dental care						
Has dental insurance	83.1%	79.3% - 86.8%	85.7%	82.7% - 88.7%	84.6%	82.3% - 87.0%
Got any dental care in past 12 mo.	86.2%	82.7% - 89.8%	85.6%	82.7% - 88.6%	85.9%	83.6% - 88.2%
Got routine (preventive) dental care in past 12 mo.	74.5%	70.2% - 78.9%	74.1%	70.6% - 77.7%	74.3%	71.6% - 77.0%

Percentages and 95% confidence limits (CL) estimated from weighted 2017/2018 California Health Interview Survey data.

^a Significantly different (p<.05) from Non-KP insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

^b Significantly different (p<.05) from Total insured NCAL adults not covered through Medi-Cal (California's Medicaid program)

Appendix 1. Counts of CHIS 2017/2018 respondents ages 26-84 and 26-64 used in estimates for Kaiser Permanente (KP) members, non-KP insured, Total insured, and Total including uninsured in KP's Northern California (NCAL) service area

	Age	All insured aged 26-84			Total insured aged 26-84 not covered through Medi-Cal			Total Adults aged 26-84 in NCAL (including uninsured)
		KP	Non-KP	All	KP	Non-KP	All	All
All	26-34	375	754	1129	341	490	831	1268
	35-44	409	832	1241	384	609	993	1353
	45-54	595	1106	1701	551	836	1387	1809
	55-64	937	1699	2636	848	1269	2117	2794
	65-74	911	1648	2559	799	1353	2152	2578
	75-84	621	1033	1654	536	860	1396	1657
	Total	3848	7072	10920	3459	5417	8876	11459
Men	26-34	209	426	635	194	296	490	737
	35-44	209	385	594	199	302	501	667
	45-54	307	509	816	286	378	664	875
	55-64	420	808	1228	376	608	984	1302
	65-74	388	732	1120	336	605	941	1134
	75-84	237	408	645	204	350	554	645
	Total	1770	3268	5038	1595	2539	4134	5360
Women	26-34	166	328	494	147	194	341	531
	35-44	200	447	647	185	307	492	686
	45-54	288	597	885	265	458	723	934
	55-64	517	891	1408	472	661	1133	1492
	65-74	523	916	1439	463	748	1211	1444
	75-84	384	625	1003	332	510	842	1012
	Total	2078	3804	5876	1864	2878	4742	6099
		All insured aged 26-64			Total insured aged 26-64 not covered through Medi-Cal			Total Adults aged 26-64 in NCAL (including uninsured)
	Age	KP	Non-KP	All	KP	Non-KP	All	All
All	26-34	375	754	1129	341	490	831	1268
	35-44	409	832	1241	384	609	993	1353
	45-54	595	1106	1701	551	836	1387	1809
	55-64	937	1699	2636	848	1269	2117	2794
	Total	2316	4391	6707	2124	3204	5328	7224
Men	26-34	209	426	635	194	296	490	737
	35-44	209	385	594	199	302	501	667
	45-54	307	509	816	286	378	664	875
	55-64	420	808	1228	376	608	984	1302
	Total	1145	2128	3273	1055	1584	2639	3581
Women	26-34	166	328	494	147	194	341	531
	35-44	200	447	647	185	307	492	686
	45-54	288	597	885	265	458	723	934
	55-64	517	891	1408	472	661	1133	1492
	Total	1171	2263	3434	1069	1620	2689	3643